



The InnerNet

March 2025

Grace to you and peace,

I got an email the other day from Pr. Charlie forwarding an article by the Rev. Nadia Bolz-Weber titled "My trick for increasing faith."

In part, she says:

For most of my life I thought that the only physical exercise that "counted" was going for a run or working out at the gym...And there were times in my life I would do just that for 30 minutes a day and then be sedentary for 23 ½ hours. But I have started wearing a fitness tracker and am stunned to see how on days I don't "workout," I still walk [thousands of] steps a day just living my life. Just doing things I never thought counted as "fitness."

[I believe it's the same with faith] and you probably have a lot more than you realize. Because when it comes to *spiritual* fitness – sometimes in our lives we can hit the God Gym (so to speak) and sometimes we just can't, and in *those* seasons try and trust that there are a lot of spiritually unassuming parts of our lives that have an element of faith to them and that those parts really do add up.

Here's an incomplete list:

If you dream about a good future for your children, that's a form of faith.

If you are moved by the faith of your ancestors, that also counts.

If you have doubts – that is also a form of faith because at least you're still engaged in the question.

Do you hold those you love in your heart when they are suffering? Faith.

Do you see the inherent dignity of other human beings – also faith.

Have you asked someone to pray for you because you just can't pray right now? Faith.

Here's a good one: do you ever complain or tell God off? In the Bible, that's called a lament – and you know what? It's a form of faith.

I guess I just no longer think of faith [only] as intellectually assenting to theological propositions, or as regularly confirming in myself that I believe all the wildest stories in the Bible are literally accurate. Faith functions in my life as something closer to gravity than ideology.

As we journey through the season of Lent, my prayer for each of us is that we grow in an awareness of our "already" faith as we seek to see and be the love of Jesus in and for the world – one encounter at a time.

May God's peace surround and sustain you. + Pr. Sara

Worship Service Live Streaming: on-line <https://www.youtube.com/channel/UCuMJ5vxpQpMZLB8638JxE> or through our website: www.livingsaviourlc.org.

Congregation Acknowledgements!!

March Anniversaries

03/07 Bob and Donna Loges

03/11 Marty and Alice Jenkins



March Birthdays

03/03 Nicholas Sample

03/05 Bailey Briggs, John Farris

03/07 Linda Lyle

03/09 Cardon Hawley

03/13 Kenneth Cochran, John Williams

03/14 Marjorie Sahr

03/15 Eric Forster

03/18 Joyce Godwin

03/20 Linda Hatcher

03/21 Deb Borley, Parker Thompson

03/24 Dominique Greve

03/26 Wendi Mayer

03/27 Jerry Putnam

03/28 Carla Gearheart

03/31 Aaliah Rogers



Church Information!!

2025 CHURCH COUNCIL MEMBERS

Rev. Linda Hatcher	President
Debby Borrelli	Vice President
Gregg Mitchell	Secretary
Laura Schwab	Financial Secretary
Linda Frixen	
Laura Michael	
Ken Leeser	
Pat Snodgrass	
Donna Thomas	
Kay Zimmerman	

The next Council Meeting will be on **Sunday, March 16, 2025**
Following worship in the Conference Room.

LIVING SAVIOUR CHURCH STAFF

The Reverend Sara Ilderton , Pastor	pastorsara@livingsaviourlc.org
Don Huff , Minister of Worship and Music	dhuff@livingsaviourlc.org
Ruth Mayes , Administrative Assistant	ruth@livingsaviourlc.org
Nancy Mersereau , Organist and Music Assistant	nancyqqq@aol.com
Carla Gearheart , Childcare Provider	carla.gearheart@yahoo.com
Elsie Davis , Interim Preschool Director	preschool@lslc.church

Prayer Shawl Ministry

The Prayer Shawl Ministry will meet on Tuesday, March 11th, at 10:00 a.m. in the Conference Room. We will continue having our meetings on the second Tuesday of the month at 10:00 a.m.

This ministry makes prayer shawls for church members and others who are in need of prayer and comfort.

If you knit or crochet and would like to participate in this ministry, please join us or contact Jeanne Davis at jeannedavis88@att.net with questions.

Your Offerings:

Contribute directly to the church through the on-line button on the website, using the QR code or by mail to

Living Saviour

6817 Carmel Road

Charlotte NC 28226

Thank you for your generosity.



Vanguard Account

The church has set up an account at Vanguard. If you wish to contribute mutual funds, ETFs or stocks that have an appreciated value, you can contribute these to Living Saviour's Vanguard account. By doing so, you can avoid capital gains taxes. If you have any questions, please contact the church office.

"NEW for Contribution Statements going forward into 2025"

According to standard accounting practices, "gifts in kind" include purchases made for the church and paid for by a parishioner. These items can be deducted on the individual's tax return but the church cannot put a value on their contribution statement. The value is to be determined but the donor (using a receipt if available) and the church will recognize the gift through a letter.

If you have any further questions, please contact Susan Hall at finance@livingsaviourlc.org. Thank you,

LENT INFORMATION



Ash Wednesday service—March 5th at 6:00 p.m.



**Mid-Week Worship—Wednesdays, March 12th—
April 9th**

5:15 p.m.—Soup dinner

6:00 p.m.—Worship



HOLY WEEK INFORMATION

Palm/Passion Sunday Service—April 13th at 10:30 a.m.

Maundy Thursday service—April 17th at 6:00 p.m.

Good Friday service—April 18th at 6:00 p.m.

EASTER DAY INFORMATION

Easter Day Service—April 10th at 10:30 a.m.

Praying for Possibilities!

02/24-03/03 Pastor Sara and Corky Carver

03/03-03/10 Mary Ann Eller and Janet Axtman

03/10-03/17 Marty Jenkins and Maxine Christ

03/17-03/24 Glenda Kilminster and Joyce Godwin

03/24-03/31 Frank DeLoache and Bruce Melosh



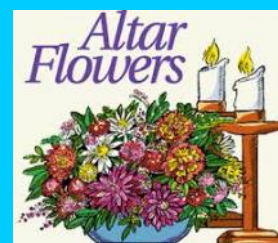
2025 ALTAR FLOWER DONATIONS

The 2025 Altar Flowers online chart is now available at:

- ♦ <https://www.signupgenius.com/go/10CoC4CACAC29A6F4C16-50072720-2025#/>

Open dates: March 2

NOTE: No flowers during Lent (March 9-April 18)



WE NEED COUNTERS – CAN YOU HELP?

If you are interested in assisting with counting contributions after service, please contact Laura Schwab (980-229-3900 or lboatwright@gmail.com). The task can usually be completed in less than 30 minutes.

LSLC Council Meeting Summary

16 February 2025

The Council elected the following members as officers:

- Pr. Linda Hatcher elected as president.
- Debby Borrelli elected as vice-president.
- Gregg Mitchell elected as secretary.

In a follow up to the Council Retreat with Rev. CeCee Mills, members of the Council were chosen to conduct audits of our Mission Statement, real property use, and communications, areas discussed at the retreat.

Council received an end of year report from the finance committee and the treasurer and we finished the year with a surplus. The finance committee will attempt to meet the week following the second Sunday, prior to the next Council meeting, to review the treasurer's reports.

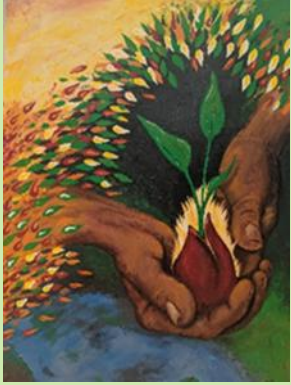
Pastor Sara's report showed that an apprentice is now training/assisting Alice Jenkins as coordinator of Room at the Inn. Our youth group is moving forward with monthly meetings at individual homes. Our youth have also requested a designated "Youth Room" in the education wing.

In her Faith Formation report, Debby reported that the Adult Sunday and Wednesday Bible Study groups are beginning new book studies. Pastor Sara reported that Gathering at the Table will involve Faith Spiritual Practices during Lent and that Strive-AoC (Confirmation) will now meet on the first Sunday of the month.

Council watched a video message regarding the ministry and needs of Lutheridge Camp and the launch of a 75th Lutheridge Birthday Campaign. Council agreed that Living Saviour will look for way to support this campaign.

Publix has requested to use part of our parking lot for their employees during the grand opening. The area requested would be the spaces in the lower parking lot opposite the preschool.

The next meeting will be on Sunday 16 March 2025.



Ministry of Health and Wholeness March 2025

Focus: managing diabetes type 2

The theme for Health and Wholeness for March is managing diabetes type 2. Diabetes type 2, also called adult onset diabetes, is a long term condition in which the body has trouble controlling blood sugar and using it for energy. Symptoms include increased thirst, frequent peeing, and unintentional weight loss. This disease may also cause blurred vision, sores that are slow to heal, frequent infections and increased tiredness. Diagnosis of diabetes is made by a physical exam and blood sugar workup by your physician.

Diabetes, if uncontrolled, damages blood vessels and leads to heart attack, stroke, kidney failure, nerve damage and amputation of limbs. This ongoing destruction of the body is often not noticed by the patient until he is seen by his doctor.

Lifestyle changes are key in preventing and controlling diabetes type 2. Eat more fresh fruits and vegetables and less carbohydrates and fats. Exercise regularly at least 150 minutes/week. Lose excess weight. Get regular medical checkups and take diabetes medication if prescribed by your physician. Diabetes type 2 can be prevented or controlled in many cases by changing to a healthy life style. It is well worth the effort.

Save the date—On Saturday, May 3rd, an Alzheimer's Awareness seminar presented by the Alzheimer's Association. Excellent speakers, question and answer opportunities, vendor tables with resources are all included. More information to come!

Active Exercise Opportunities:

- ◆ Yoga For You:
 - ◆ Mondays - 6:15 p.m.
 - ◆ Tuesdays - 9:30 a.m.
 - ◆ Thursdays - 9:30 a.m. and 6:15 p.m.
 - ◆ Saturdays - 10:00 a.m.
- ◆ Chair Yoga - Thursdays at 11:00 a.m.
- ◆ Strength and Stamina - Saturdays at 9:30 a.m.

FAITH FORMATION!!

SUNDAY SCHOOL FOR CHILDREN, YOUTH ASSISTANTS AND ADULTS:

ADULTS - 9:15 am in the Education Wing

Adult Class:

The Adult class will review an ELCA Social Message: Government and Civic Engagement in the United States: Discipleship in a Democracy. All are welcome to join!!

The message can be found at [https://elcamediaresources.blob.core.windows.net/cdn/wp-content/uploads/Government and Civic Engagement Social Message.pdf](https://elcamediaresources.blob.core.windows.net/cdn/wp-content/uploads/Government_and_Civic_Engagement_Social_Message.pdf)

CHILDREN - 9:30 am Downstairs

Children (ages 2 years through 5th grade) will have Bible stories and hands-on experiences that support the story. Parent(s) are welcome to join in the class!

MIDDLE/HIGH SCHOOL

Confirmation/Catechism – What's up with Luther?

- 1st Sunday during Sunday School time

Gospel According to Pixar

- 1st Sunday following worship (Lunch provided) – First up: Wall-E and unconditional love

4th Sunday Hang-out

- We'll gather at the Waxhaw Skatepark (4:00-6:00). Details to follow

WEDNESDAY MORNING BIBLE STUDY

"Fight Like Jesus" By Jason Porterfield. How Jesus Waged Peace throughout Holy Week.

March 5 - Chapter 3

March 12 - Chapter 4

March 19 - Chapter 5

March 26 - Chapter 6

April 2 - Chapter 7

April 9 - Chapter 8

No class during Holy Week April 16.

GATHERING@theTable

Gathering@theTable will meet on the 2nd and 4th Thursdays of each month. The next meetings are March 13th and 27th.

ROOM IN THE INN

End of Season Wrap-Up

While our Shelter season for Room In The Inn once again only operated during the coldest winter months of January and February, we still welcomed men, women and children to our facility for eight Sundays in a row. Our homeless neighbors sent to us through Roof Above were transported to our church every Sunday evening from January 5 through February 23. Twelve neighbors each Sunday, that's 96 people to cross our threshold!

We were able to offer a warm, safe and comfortable place for our vulnerable neighbors to spend the night. Our facility gave them comfortable beds, warm showers and comfortable seating for TV and movie watching. But our people offered hospitality to them way beyond the ordinary!

Hospitality started on Sunday morning when the beds were rolled into place by loyal volunteers. Next these beds were made up with sheets and blankets by willing members of the congregation each week to make our "bedrooms" cozy and welcoming. About 5:30 pm, our guests arrived after being picked up by our evening's van driver and greeted by two hosts who would be with them all night.

Dinner was served at 6:00 by the individual, family or group that had prepared it. The Meal Team also shared table space with our guests and joined in conversation with our neighbors, listening to life stories and the challenges of others is a stereotype-changing experience!

In the early morning, our guests had several options for breakfast, including pork sausage and turkey sausage biscuits, oatmeal, cereal, fruit, juice and coffee. They each would leave with a bag lunch and kind words from the overnight hosts. The van would drop everyone off at the downtown Transit Center so those with jobs, and yes, many homeless folks have jobs, could get to their jobsites.

There are so many people to thank for the success of this important ministry! A minimum of 45 people from our congregation (plus Sunday morning bed makers and Sunday School class lunch bag prep members) were involved in this ministry! A special thank you to these is needed:

- The 11 LSLC members who served as Overnight Hosts, several who did overnight hosting twice
- 20+ members who prepared and served Sunday evening meals to our neighbors.
- A special thank you to Van Dennis, a visitor from the neighborhood who came to help serve the evening meal almost every Sunday
- The 3 men who drove the van
- The 6 members of the Monday morning clean-up crew
- The team of 10 who did weekly Laundry
- 11 members signed up to provide 12 bag lunches each week. A special thank you to Sarah Plunkett who involved the children's Sunday School class in the lunch preparations.
- Jeanne and Lori Davis for Sunday morning bed set up
- Chuck Moore for rental and upkeep of the van
- Shelter Coordinator Alice Jenkins
- Also a big thank you to the seven people who accompanied the van as luggage cars, on Sunday evening or on Monday morning. A very special thank you to Debby Borrelli who was the Monday morning 5:30am luggage car driver five times.

God's blessings to each and every one of these people who acted as God's hands in service to our vulnerable neighbors.



7845 Little Avenue
Charlotte, NC 28226

704.375.0100
viahp.org

REGIONAL LOCATIONS

North Carolina

Charlotte

Davidson

Lincolnton

Shelby

Philip L. Van Every
Learning Resource Center

Center for Palliative Care
Advancement

South Carolina

Fort Mill

Clinton

Greenville

Inpatient Care Facilities

Levine & Dickson Hospice House
at Southminster

Levine & Dickson Hospice House
at Aldersgate

Levine & Dickson Hospice House
- Huntersville

Testa Family Hospice House

Hospice Cleveland County
Wendover Hospice House

Hospice of Laurens County
Hospice House

February 6, 2025

Ms. Debra S. Borrelli
Living Saviour Lutheran Church
6817 Carmel Road
Charlotte, NC 28226-3904

Dear Ms. Borrelli:

We are deeply grateful for your friendship and willingness to share your resources with VIA Health Partners, formerly Hospice & Palliative Care Charlotte Region. Because of the support of Living Saviour Lutheran Church, VIA Health Partners, formerly Hospice & Palliative Care Charlotte Region, is able to continue to provide in-patient or at-home hospice care to anyone who needs us, regardless of age, diagnosis, or ability to pay.

Thanks to donors like your community of faith, our services go far beyond caring for our patients. Anyone who is grieving and needs to talk can meet with our grief counselors. Members of our community can learn about important healthcare decisions and planning through free education. Children who have lost a loved one can attend our annual overnight grief camp, Chameleon's Journey, at no charge. Seriously ill children can be cared for by our Kids Path team, either through specialized pediatric hospice care, or supportive services to help children and families make the most of each day. You make all this possible, and more!

Because you've shown that you care, we can continue to provide our expert and compassionate care to patients and families – when and where they need us.

With gratitude,

Thomas H. Atwood
Vice President of Philanthropy
704.335.4325 | atwoodt@hpccr.org

Donation: \$485.28; Received on: Friday, January 31, 2025

P.S. If there is an educational topic, support group, or informational presentation you would like us to offer to your members, please contact Walt Windley for more information at windleyw@hpccr.org or 704.335.4332. It is our mission and our pleasure to provide outreach and education, at no charge, to the communities we serve.

Please save this letter for your tax records. No goods or services were provided in consideration of this gift. Your contribution is tax deductible to the full extent allowed by law. Please consult your tax advisor. Financial information and our solicitation license are available from the State Solicitation Licensing Branch at 919-807-2214. The license is not an endorsement by the State of North Carolina. HPCCR federal tax identification number is 56-1219017.

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MARCH 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>2</p> <p>9:15 a.m. Choir Rehearsal 9:15 Sunday School 10:30 a.m. Worship Live Streamed Gospel according to Pixar</p>	<p>3</p> <p>6:15 p.m. Yoga 7:00 p.m. Scout Troop 165</p>	<p>4</p> <p>6:30 a.m. Coffee for Carmel Chace 9:30 a.m. Yoga 10:00 a.m. Quilt Ministry 6:00 p.m. Scout Troop 265</p>	<p>5 Ash Wednesday</p> <p>10:00 am. Bible Study 5:30 Chancel Choir 6:00 Ash Wednesday Service</p>	<p>6</p> <p>9:30 a.m. Yoga 11:00 a.m. Chair Yoga 6:15 p.m. Yoga</p>	<p>7</p>	<p>1/8</p> <p>9:30 a.m. Strength & Stamina 10:00 a.m. Yoga 4 You</p>
<p>9</p> <p>9:15 a.m. Choir Rehearsal 9:15 Sunday School 10:30 a.m. Worship Live Streamed</p>	<p>10</p> <p>6:15 p.m. Yoga 7:00 p.m. Scout Troop 165</p>	<p>11</p> <p>9:30 a.m. Yoga 10:00 a.m. Prayer Shawl Ministry 6:00 p.m. Scout Troop 265</p>	<p>12</p> <p>5:15 Lent Soup 6:00 Lent Mid-Week Service 6:30 p.m. Alleluia Ringers</p>	<p>13</p> <p>9:30 a.m. Yoga 11:00 a.m. Chair Yoga 6:15 p.m. Yoga 6:15 p.m. Gathering@theTable</p>	<p>14</p>	<p>15</p> <p>9:30 a.m. Strength & Stamina 10:00 a.m. Yoga 4 You</p>
<p>16</p> <p>9:15 a.m. Choir Rehearsal 9:15 Sunday School 10:30 a.m. Worship Live Streamed 12:00 p.m. Monthly Council Meeting</p>	<p>17</p> <p>6:15 p.m. Yoga 7:00 p.m. Scout Troop 165</p>	<p>18</p> <p>9:30 a.m. Yoga 6:00 p.m. Scout Troop 265</p>	<p>19</p> <p>5:15 Lent Soup 6:00 Lent Mid-Week Service 6:30 p.m. Alleluia Ringers</p>	<p>20</p> <p>9:30 a.m. Yoga 11:00 a.m. Chair Yoga 6:15 p.m. Yoga</p>	<p>21</p>	<p>22</p> <p>9:30 a.m. Strength & Stamina 10:00 a.m. Yoga 4 You</p>
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