
The InnerNet

June 2023

**CONGRATS TO TANNER AXTMAN AND PRESTON HAWLEY,
GRADUATING FROM HIGH SCHOOL.**

Tanner will graduate from Ardrey Kell and Preston from South Meck. We are proud of these two young men and their accomplishments. We will celebrate their graduation as a congregation at worship on June 11.

LUTHEROAD 2023

Lutheroad Summer camp is coming and will be held from July 31 - August 4, 2023, for those rising 1st graders through middle school.

COST:

- ⇒ Members of Living Saviour: \$80.00 for M-F camp; \$75.00 additional for pre-post care
- ⇒ Non-member of Living Saviour: \$110.00 for M-F camp; \$75.00 additional for pre-post care

THRIVENTCARDS are needed for the Lutheroad Day Camp.

THANK YOU FOR YOUR HELP AND SUPPORT...

Thank you to all who have provided gift cards, cash donations, countless supplies, baby equipment, household items, linens, toys, children's clothing and more for the 10+ Ukrainian refugee families who have come to Living Saviour for assistance. Kathy DeLoache has given many hours to collecting and purchasing items, contacting agencies to connect the families with those that can provide assistance for various needs and coordinating distribution. Thank you to Linda Poley, Caitlin Hronesz and others for their time and generosity. These families have been blessed by your efforts and kindness on behalf of Living Saviour.

Congregation Acknowledgements!!

June Anniversaries

06/09 Matthew & Jennifer Noonkester (22)
06-10 Tim & Sue Goldbach (40), Ray and Glenda Kilminster (28),
Bill and Sandy Larsen (51), Lynn and Ronnie Stephens (57)
06/14 Jay and Geraldine Harbinson (64)
06/15 Andrew and Amanda Thom (15), Doug and Jennifer
Thompson (11)
06/21 Chuck and Rene Moore (13)
06/27 Bob and Sheri Fleischacker (31), Bruce and Sara Melosh (36)
06/29 George and Cathy Shabla (49)

June Birthdays

06/01 Dan Haseley
06/02 Addison Noonkester; Andrew Thom
06/07 Gary Borley; Charles Gribble
06/09 Dawn Schaeffer
06/10 Liam Brown
06/13 Zacharay Greve
06/17 Bob Loges
06/18 Linda Frixen
06/19 Tanner Axtman; Jonas Campbell
06/20 Sandy Larsen
06/21 David Frixen; Sherry Wooldridge
06/22 Moss Hathcock
06/27 Bruce Melosh
06/28 Pat Sipe
06/30 Ande Malinowski; Doug Thompson



Church Information!!

Your Offerings:

Contribute directly to the church through the on-line button on the website, using the QR code or by mail to

Living Saviour
6817 Carmel Road
Charlotte NC 28226



Thank you for your generosity.

Vanguard Account

The church has set up an account at Vanguard. If you wish to contribute mutual funds, ETFs or stocks that have an appreciated value, you can contribute these to Living Saviour's Vanguard account. By doing so, you can avoid capital gains taxes. If you have any questions, please contact Barbara Avard.

Sunday School Update!!

Both the Children's and Adult's Sunday School classes are on break for the summer.

Please watch for information on when they will restart in the fall.

Praying for Possibilities!

- 05/26-06/02 Bob and Judy Hughes
- 06/02-06/09 Cathy Lyall and Laura Michael
- 06/09-06/16 Ray and Ken Kilminster
- 06/16-06/23 Dawn Gibson and Nancy Mersereau
- 06/23-06/30 Corky Carver and Shallen Gordon



Please pray for the wisdom of the council and call committee during this time.

WEDNESDAY MORNING BIBLE STUDY

We will finish the study of Acts on June 7.

We will break for the summer till September. Be thinking over the summer what you might be interested in studying next fall.

We are thinking of doing lunch with a book discussion on Wednesday July 19 and August 16. The book for the July 19 book discussion is "Love Does" by Bob Goff.

Have a wonderful summer and have fun with family and friends. Janet Mayer

Sunday Coffee!

We are looking to organize Sunday morning Coffee time. To that end, we would like to set up a schedule so we have coffee every Sunday instead of only on random Sundays. We need volunteers to help cover during June.

Please look for a sign up sheet at the coffee table. Sign up for set up, or clean up, OR both. No experience with making coffee is needed. Full, simple instructions are printed on the cabinet just above the coffeemaker and all coffee supplies are on the counter or in the cabinets above. Please consider volunteering in this simple manner to enhance our fellowship time on Sunday mornings. Questions? See Alice Jenkins

Caring & Sharing Group: Next Meeting September 8th

Caring & Sharing is taking a break for the summer. We encourage you to stay in touch with one another by email, text, phone call or getting together for coffee. A friendly voice or message can really brighten someone's day.

Group Activities!!

Prayer Shawl Ministry

The Prayer Shawl Ministry will meet on Tuesday, June 13th, at 10:00 a.m. in the Fellowship Hall. We will continue having our meetings on the second Tuesday of the month at 10:00 a.m.



This ministry makes prayer shawls for church members and others who are in need of prayer and comfort.

If you knit or crochet and would like to participate in this ministry, please join us or contact Jeanne Davis at jeannedavis88@att.net with questions.

Quilt Ministry News!

The Quilt Workshop will meet on the third Tuesday in June (instead of the regular first Tuesday) .

We will meet on June 20th at 10:00. Then we will not meet again until September.



[This Photo](#) by Unknown Author is

Joys and Cares Greeting Cards

Did you know that we have a lovely selection of greeting cards for many occasions on the wall display in the Fellowship Hall? These cards are available for a \$1 donation per card that can be left in the box on the display. These funds become contributions to the church. If you have questions please contact Dawn Gibson at (fourleafclovertwc.com)

ENDOWMENT COMMITTEE

The Endowment Committee met in May to consider pending funding requests. A request for The Living Saviour Pre-school was approved to support payment of a one-year software license and application for the four-year old curriculum to prepare these children for entry to Kindergarten. This curriculum is the one used by the Charlotte-Mecklenburg School (CMS) System and makes our Pre-school competitive with the CMS pre-school program.

A funding request from Samaritan House was also approved to support this program that provides residential post-hospital recovery for homeless community neighbors. A third request was approved for the ELCA NC Synod Life-line Fund (Fund) . This Fund has been supported by Living Saviour's Endowment since 2019 and provides funds to assist clergy leaders with reducing debt. Applicants to the Fund participate in a Financial Planning course and monitoring by Synod staff.

Limited funds for grants through the end of 2023 remain so consider encouraging an organization to submit a request (form available on the church's website). The Committee's next meeting is early August. Thank you for your support!

Organization in the Spotlight

An organization the Endowment Committee supported earlier this year is the Community Culinary School of Charlotte (CCSC). This non-profit 501(c)3 organization trains homeless, post-incarceration and other community neighbors in the culinary arts. Students learn to cook and bake as well as the principals of managing a food service establishment. The Board that oversees CCSC often hires graduates from the program and assists them with finding work in the food industry field. Through the staff at CCSC, students also receive assistance with all manner of services such as childcare during the program hours, housing needs, and connecting them with other social service agencies. Class 74, the largest class at 27 students, started training recently.

CCSC is located at 9315 Monroe Road (across from the LIDL Store) in Charlotte. They provide a lovely in-door dining café, carryout service and catering. The food and pastries are delicious! FREE coffee! Please refer to their website www.communityculinary.org for the daily menu and more information. Your support will be much appreciated.

SAVE THE DATE!!

Please keep these special dates on your calendars, and watch for more information!

⇒ Saturday, December 2nd—Annual Christmas Bazaar



⇒ Saturday, December 9th—Breakfast With Santa



⇒ Sunday, December 10th—Christmas Concert at 3:00 p.m.



SUMMER CHOIR. YOU ARE INVITED!

The choir is on summer break from midweek rehearsals. However they will still be serving as music and worship leaders during the summer. Rehearsals will take place on Sundays prior to worship, for the most part. You may be a part of the summer choir anytime you happen to be at worship, and there is no obligation to continue in the fall. All are welcome!

May 2023 Council Meeting Summary

Council received Income & Expense Statement, Balance Sheet, Budget Report, and a new report, Yearly Budget Comparison, which compares the 2023-2024 budget to the 2022-2023 budget. Income for the first quarter exceeded expenses. That was due primarily to the difference between the cost of our part-time interim pastors versus a full-time salary. Member contributions are 97% of what was budgeted through the first quarter, with 56 pledges turned in for this fiscal year and 43% of our members currently contributing. Fixed costs make up the majority of our expenses and while we have decreased our expense budget for the last four years, there is not much additional opportunity to cut these costs at this time.

It was suggested that council should consider doing a mid-year stewardship campaign rather than wait until October. Also, the stewardship committee should begin developing a plan for the 2024 Stewardship Campaign, and after sharing it with the council, begin the campaign for next year in August or early September.

There was a request from the Synod for funding for the 2024 Youth Gathering, with their goal to raise enough funds to pay the registration fees for 550 youths. This request was tabled and will be reconsidered at the August meeting.

Youth Confirmation and First Communion: there are potentially six children that could be the right age for Confirmation but they all need First Communion as well. Pastor Charlie volunteered to hold a First Communion class as soon as June or July for all children over two years old as long as their parents feel their children can understand it. Debby Borrelli will work on identifying the children, families, and a date for the class and provide this information to Pastor Charlie.

The Health and Wholeness ministry is discussing supporting a covered dish fifth Sunday meal and would like to display posters for the topic of basic first aid, leave quizzes on this topic at each table and use those to hold a drawing for small prizes, and conduct a 15-minute presentation on first aid basics while people are eating. While there was support for the idea, it was suggested that it be done as a breakfast instead of lunch as there is a dinner that evening for Lutheroad children and their parents.

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The Faith Community Nursing Annual Retreat, to be held on September 16, 2023, has requested permission to use our facility for the retreat, and if it is held here, that the rental fee be waived. After discussion, it was agreed that we would not charge them a rental fee but request a donation. There is the possibility that work approved for the Shabla Gift projects will be going on at that time and conflict with the request to use our facility. It was then recommended that the retreat not be held here this year but to express support for them and that we would like to host future retreats when we do not have remodeling conflicts.

Bob Hughes would like us to do a fire drill in October. He is willing to write a policy for fire drill safety as well. This suggestion was well received by council and Laura Michael will take it back to the Health and Wholeness team. It is also suggested that they contact the LSLC preschool to find out what they have in terms of a fire evacuation plan.

John Maisel gave council an update on the Shabla Gift Fund projects. There were three bids for painting and a vendor has been identified to award the work. Pastor Charlie recommended that we get references before officially awarding the bid and it was agreed that this would be done.

For the new electronic sign, five proposals were received and the best quote was from Stewart Signs, one of the largest and oldest signage companies in the US. The new sign will be 4X8, two sided, have multiple text colors, with the top portion having our name and logo. Although the sign is warranted for five years it was suggested that we should have our insurance company evaluate coverage for the sign.

There was also an update on Tanner Axtman's Eagle Scout project for architectural lighting. The work is complete and waiting for the city to review and approve. Then the trenches can be filled, final light placement completed, and a ceremony scheduled and held.

Call Committee Update: The call committee has finished training and is fully functional at this time. Their discussions and activities are highly confidential and will not be shared with council or anyone else until they have identified a top candidate.

Time and Talent Sheets: council members were asked to review the time & talent sheets and provide feedback/deletions/additions and other edits so that they can be distributed to the new members' class.

New Members Class: We expect to have 6-7 new members attend these classes.

Ukraine Refugee Assistance: Caitlin and Sam gathered many physical and financial donations for refugee families. Other members, led by Kathy DeLoache, have donated many household and clothing items. Pastor Charlie volunteered \$800 from the Pastor's discretionary fund and one person donated four \$200 gift cards. So far 16 families have been assisted but the need is even greater.

Pastor Linda did more calls than visits this month due to her knee condition.

Ministry of Health and Wholeness



June 2023

Caring for Our Brain: Prevention and Care of Alzheimer's Disease

“Do not conform to the patterns of this world, but be transformed by the renewing of your mind.”

Romans 12:2



The health focus for June is **Prevention and Care of Alzheimer's Disease**.

- 6.7 million Americans 65 and older are living with Alzheimer's.
- 73% of those are age 75 or older
- After age 65 the risk of Alzheimer's doubles every 5 years and 1/3 of people over age 85 are diagnosed with the disease.
- **Evidence is strong that people can reduce their risk of Alzheimer's Disease by making key lifestyle changes, including eating a Mediterranean diet, participating in regular activity and maintaining good heart health.**

Be sure to look over a copy of the Health and Wholeness June 2023 Newsletter which is published on the second Sunday of each month and join the June Lunch and Learn to review information regarding Signs and Symptoms of Alzheimer's Disease as well as Tips for prevention.

JUNE LUNCH AND LEARN: Wednesday, June 14, 2023 at 11:30 AM. There will be a **Lunch and Learn** on the topic of Prevention and Care of Alzheimer's Disease. The Health and Wholeness Ministry is sponsoring this event. Lunch of *meat or vegetarian* sandwich and side will be catered from Community Culinary School of Charlotte for \$15.00 each (to include tax and tip), collected at the door. Personal bag lunches are also welcome. Call or text Laura Michael at 980-214-7171 by Friday, June 16 to reserve sandwich preference and to register for this fun and educational time of fellowship. All are invited!

AN INVITATION: The Health and Wholeness Ministry is interested in welcoming additional team members to assist with program planning. Please email healthandwholeness@livingsaviourlc.org or call the church office to identify interest.

ONGOING OFFERINGS:

Tuesdays at 10:30 AM –STEPS to Wellbeing

Develop a practice described by Jesus in the Beatitudes, modeled in his ministry, practiced by the early church, developed by Native Americans, and most recently promoted by the 12 Steps of AA—a practice that guarantees a life abundant in the Fruit of the Spirit. A brochure can be picked up from the tea cart. All are welcome.

Thursdays at 11:00 AM Chair Yoga- This has become a cherished physical exercise activity at the intersection of faith and health. You are invited to join this delightful group of people in support of health and wellbeing. All are welcome.

Saturdays at 10:00 AM Aerobic Exercise – Another inspiring exercise group of all ages with an excellent opportunity to get that heart rate up, build some muscle strength and receive supportive meaningful coaching from a talented instructor.

Smithfield School Needs Increase

Smithfield packs backpacks every week filled with food that the children take home on a regular basis to assist with food insecurity.



to the members of
Living Saviour
 of the North Carolina Synod
 of the Evangelical Lutheran Church in America
 in grateful appreciation for giving
 \$31,496.00
 for Mission Support beyond the congregation
 for synod and churchwide ministries of the ELCA.

Jean Smith
 Bishop, North Carolina Synod
 Evangelical Lutheran Church in America

Elizabeth B. Eaton
 Presiding Bishop
 Evangelical Lutheran Church in America



Thank you for the generous Mission Support that your congregation shared with the NC Synod in 2022. Your generosity means that we continue to walk together. Your gifts made possible one new mission start in North Durham, a new campus ministry in Wilmington, and allowed us to rejoice as five new ministers were ordained in our church. Also, our Synod Authorized Ministers program is beginning to fill the pastoral needs in many of our very small congregations!

We know there is grief and uncertainty as the church landscape is changing quickly, and yet, hope in Christ abounds. God has been and will continue to be faithful in our midst. You are often in our prayers and we continually rejoice in the ministry we share.

Thank you for all you do as Christ's church in the NC Synod.

*God's Peace, Grateful for your ministry!
 Rev. Camie Overcash, NC Synod Council*

Living Savior Church,

This note is long overdue but we have thought of you all often. Kim and I wanted to thank all of you for the love and care you have given us this last year while losing both our parents.

We so appreciate everything everyone did for Mom's funeral. Ruth, we know you spent endless hours on both bulletins! Don and Nancy thank you for the music and to the choir for singing the beautiful hymns.

And thank you to the ushers who helped seat everyone and for streaming the service! Our relatives from Michigan who could not be there were grateful to see the service.

And the dear ladies Mary Ann, Anita, Alice, Jean, Linda, Jeanne, Janet, Pat and Lorene, Thank you for the food & Laura (I hope I didn't miss anyone!)

and the reception after the service. And to anyone else who helped that day and to the congregation for coming to the service to celebrate our Mom, Jan.

She would have wanted to personally thank each and every one of you for being there and helping. ☺

Please accept this donation to the church and use it where you feel it's needed.

Our parents loved this church and you all were dear to their hearts. We know they so loved the friendships and relationships they formed at LSLC.

You will always be in our hearts.

Much love, Susan Trew and Kim Amigo.

JUNE 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 11:00 a.m. Chair Yoga 6:15 p.m. Gathering@theTable	2	3 10:00 a.m. Exercise Opportunities 2:00 p.m. Sullivan service
4 10:30 a.m. Traditional Worship Live Streamed 3:00 p.m. Recital	5	6 10:00 a.m. 12-Step Discussion Group	7 10:00 a.m. Bible Study 6:00 p.m. Alleluia Ringers bell choir practice 7:00 p.m. Chancel Choir	8 11:00 a.m. Chair Yoga 6:15 p.m. Gathering@theTable	9 10:00 a.m. Caring & Sharing	10 10:00 a.m. Exercise Opportunities
11 10:30 a.m. Traditional Worship Live Streamed	12	13 10:00 a.m. 12-Step Discussion Group 10:00 a.m. Prayer Shawl Ministry	14 12:00 p.m. Lunch & Learn 6:00 p.m. Ringers bell choir practice 7:00 p.m. Chancel Choir	15 11:00 a.m. Chair Yoga 6:15 p.m. Gathering@theTable	16	17 10:00 a.m. Exercise Opportunities
18 10:30 a.m. Traditional Worship Live Monthly Council meeting	19	20 10:00 a.m. 12-Step Discussion Group 10:00 a.m. Quilt Ministry	21 10:00 a.m. Bible Study 6:00 p.m. Alleluia Ringers bell choir practice 7:00 p.m. Chancel Choir	22 11:00 a.m. Chair Yoga 6:15 p.m. Gathering@theTable	23	24 10:00 a.m. Exercise Opportunities
25 10:30 a.m. Traditional Worship Live Streamed	26	27 10:00 a.m. 12-Step Discussion Group	28 10:00 a.m. Bible Study 6:00 p.m. Alleluia Ringers bell choir practice 7:00 p.m. Chancel Choir	29 11:00 a.m. Chair Yoga 6:15 p.m. Gathering@theTable	30	