



The InnerNet

July 2026

Grace to you and peace ~

It's kind of humorous...

My computer "auto correct" isn't sure what to do with the word "semiquincentennial." It's good with "centennial" and "bicentennial," but it's confused by semiquincentennial, which is kind of a good metaphor, I suppose, for the reality of celebrating 250 years as an independent nation...That is, it can be confusing, to say the least. Two-hundred fifty years seems so very "old," yet there are certainly other nations whose history is much, much longer than ours (In fact, in the grand scheme of history, we are at about the "terrible twos" stage.). However, there are not (I don't believe) any that have tried to pull off what we have.

At our best, we are a tapestry (to quote Carole King):

"...of rich and royal hue
An everlasting vision
Of the ever-changing view
A wond'rous woven magic
In bits of blue and gold
A tapestry to feel and see
Impossible to hold"

I wonder if part of our challenge, as a fairly young republic, has to do with the speed of change that has happened over our nation's lifetime (as opposed to the years preceding that). A quick Wikipedia search of inventions will show that time blocks up to and including the 18th century are listed in hundred-year segments. Beginning with the 19th century and moving forward, inventions are listed by decade, each of which is pages and pages long. What I mean is that it seems, sometimes, that the speed of change has resulted in an inherent impatience on one hand and a desire for everything to just slow down and go back to the way things "used to be" on the other. The problem with that, is that God **never** goes backward, but is always creating a "**new** thing." And that new thing is always more tapestry-like than is sometimes comfortable or convenient for us. And, while I want God to act right now in a way that makes me comfortable, God is infinitely patient (sometimes, much to my chagrin) and seemingly intent on continuing the "ever-changing view" of God's "everlasting vision."

My prayer is that we would (if we can't slow the world down) slow **ourselves** down and appreciate the "wond'rous woven magic" that we are as a nation as we continue to grow into our possibility of being a growing tapestry of "rich and royal hue."

Happy Semiquincentennial!

+ Pr. Sara

Worship Service Live Streaming:
<https://www.youtube.com/@livingsaviourlutheranchurch/streams>
or through our website: www.livingsaviourlc.org.

UPCOMING IN JULY

MEMORY CARE WORKSHOP

The workshop will begin on July 15th and will run each Wednesday through August 19th. You can find more information in the Health & Wholeness section or by reaching out to Laura Michael.

LUTHEROAD

Lutheroad is almost here! There are still a few spots left!
Camp will begin Monday, July 27th.
Snack donations are appreciated - see flyer on the entry table.

JULY NOISY OFFERING

Our July Noisy Offering will go **Classroom Central**. Classroom Central fosters equity in education by providing teachers and students with the free resources they need to succeed. They distribute free school supplies to thousands of teachers annually in 227 schools across six school districts in the Charlotte area. Teachers are eligible to receive school supplies from Classroom Central if they teach in one of these school districts and in a school where 50% or more of the students receive free or reduced lunch. Classroom Central is able to turn each dollar donated into \$9 worth of school supplies distributed into our community! That's quite a return on your investment.

Learn more on their website: <https://classroomcentral.org/>

FAITH FORMATION

Adult Faith Formation and Youth/Children's Sunday School Classes will break for the summer and resume after Labor Day! Hope everyone has a great summer break!

WEDNESDAY MORNING BIBLE/BOOK STUDY

Book/Bible Study is currently on summer break and will resume meeting in September.

G@THERING AT THE TABLE BIBLE STUDY

G@thering at the Table meets on the 2nd and 4th Thursdays and takes a look at the gospel reading for the upcoming Sunday. We will break for summer and resume in September.

MINISTRY HIGHLIGHTS

HEALTH & WHOLENESS

The Health & Wholeness Ministry is a partnership of Living Saviour Lutheran Church, a Faith Community Health Promoter from our congregation, and Atrium Health's Faith Community Health Ministry (the program). The intent of the program is to join with other faith communities to promote the whole person health of individuals and community through improved access to health information and preventive care. The role of the Health & Wholeness Ministry is to help the community better understand resources available and assist the congregation in accessing those resources.

Our ministry meets monthly by Zoom to plan health programs and evaluate wholistic health needs of our congregation and community. We provide space for ongoing exercise and yoga classes. We sponsor speakers on various health topics and encourage our surrounding community to attend.

Contact Laura Michel, Sally Ganz, Linda Frixen, Gregg Mitchell or Millie McWilliams for questions, suggestions, or to join our H&W Ministry. We would love to have you!

WORSHIP AT THE PINES

Recently, you heard about plans to conduct 2pm Sunday Worship Services at The Pines on Carmel Road on the second and fourth Sundays each month (perhaps more frequently after Labor Day).

The services will include Hymns, Scriptures, a Sermon/Devotion/Reflection, Prayers, Communion, and the Lord's Prayer. Scripture lessons will be provided ahead of time on the schedule, giving you time to choose hymns and consider what type of sermon, "reflection" or devotion you may want to offer (there are plenty of resources online).

For those who choose, a piano is available for you or a "partner" to use to accompany singing. Pr. Sara has compiled a list of "Hymns We All Know," which most folks could sing with no accompaniment. Our hope is that the "old familiar" hymns will resonate well with the population.

Please prayerfully consider volunteering. We are sure you will gain so much from the effort you put in and from the residents. If you have questions, please contact Steve Vick.

VANGUARD ACCOUNT

The church has set up an account at Vanguard. If you wish to contribute mutual funds, ETFs or stocks that have an appreciated value, you can contribute these to Living Saviour's Vanguard account. By doing so, you can avoid capital gains taxes. If you have any questions, please contact the church office.

OFFERINGS

Contribute directly to the church through link on the website, using the QR code or by mail to:

Living Saviour
6817 Carmel Road
Charlotte, NC 28226



Thank you for your generosity.

Congregation Acknowledgements

July Anniversaries

- 7/18 - Terry & Joyce Godwin (50)
7/23 - Paul & Michele Sullivan (21)
7/31 - Ron & Kathy Biggs (22)



July Birthdays

- 7/1 - Lauren Roberts
7/2 - Ron Gordon
7/3 - Chuck Malinowski
7/4 - Logan VanSandt
7/6 - Russell Hinson
7/7 - Shirley Fitts, Billy Sample
7/10 - John Soileau
7/11 - Nora Cook, Noah Hatcher
7/15 - Erin Malinowski
7/17 - James Chandler
7/18 - Chuck Moore
7/20 - Riley Karim, Cathy Shabla
7/21 - Nolan Krantz
7/22 - Terry Godwin
7/23 - Laura Michael
7/24 - Julie Brennan
7/26 - Betty Kuhn



Health and Wholeness Ministry

The July theme is The Building Blocks of Holistic Health.

Tip#1: Holistic health considers the whole person and emphasizes the interaction of body, mind, and spirit. Optimum health results when these three areas are maintained in balance. Health is more than just not being sick. Holistic health is a lifestyle. It focuses on higher levels of wellness by maintaining restorative sleep, stress management, avoidance of risky substances, and positive social interactions as well as healthy diet and exercise.

3 John 1:2

Beloved, I pray that all may go well with you,
and that you may be in good health, just as it is well with your soul.

Active Exercise Opportunities:

- ◆ Yoga 4 You:
 - ◆ Mondays - 6:15 p.m.
 - ◆ Tuesdays - 9:30 a.m.
 - ◆ Thursdays - 9:30 a.m. and 6:15 p.m.
 - ◆ Saturdays - 10:00 a.m.
- ◆ Chair Yoga
 - ◆ Thursdays - 11:00 a.m.



Please reach out to the instructor prior to your first class.

Yoga 4 You with Lori: <https://Ready4Yoga.com/>

Chair Yoga with Debbie: www.feelgoodyogagirl.com

Tai Chi Classes

Are you interested in starting Tai Chi? This is your lucky day! David Blont is a Tai Chi master, and he teaches every Tuesday at St John's Episcopal Church on Carmel Rd. Contact Laura Michael at 980-214-7171 to get details and to pre-register.

Memory Care Ministry Workshop



The Memory Care Ministry is a free 6-week workshop that provides education and support for dementia caregivers.

Topics include:

- the caregiving journey
- understanding the brain
- communication changes
- supporting independence
- responding to dementia-related behaviors.

Over the course of this 6-week workshop, we will learn, share, and pray together.

All materials and refreshments are provided.

Wednesdays, July 15 – August 19

6:00pm – 7:30pm
@ Living Saviour

Register on our website.

♪ MUSIC NOTES ♪

Summer generally provides for a more relaxed, less structured lifestyle. So why not take a break from your 9 month routine and do something different!

Here's a couple of ideas:

WORSHIP ON JULY 5

Special liturgy honoring the readings and liturgical theme for the day while celebrating the semiquincentennial of the signing of the Declaration of Independence. All musical offerings and hymns used are by American composers and/or hymn writers.

HYMN SING IN JULY

- July 5—Come enjoy the sing-along with some of your favorite patriotic songs in the sanctuary at 10:15
- July 12 and 26—pick out your favorite hymn in our hymnal and we'll sing together. 10:15 each of the Sundays listed. You pick 'em. We'll sing 'em!

SUMMER CHOIR

- Join our regular choir any or all Sundays through the month of July.
- Rehearsal Sunday mornings prior to worship.
- No robes! Come and practice, then sit with the assembly until its time to sing during the offering.
- You'll enjoy leading worship through song and fellowship with regular choir members.
- All are welcome, middle school, high school, and adults, regardless of vocal ability!

SUMMER HANDBELLS

- Experience the joy of handbell ringing, starting from scratch.
- Learn ringing technique and musical note reading and rhythm skills.
- Sessions begin as soon as we have folks interested in participating.
- Sessions take place on Sunday mornings before or after worship for about 45 minutes.

WOMEN'S CHOIR - July 19

- All women are invited to form a women's chorus
- Rehearsal before church
- All are welcome! Middle/high school and adults regardless of vocal ability

Questions? Please speak with Don Huff

SDG – Soli Deo Gloria (to God alone be glory)

Don

SUMMER OFFICE HOURS

Beginning on June 12th, the church office will be closed on Fridays. The office will be open Monday-Thursday from 9am-1pm.

QUILT MINISTRY

The Quilt Ministry will be on hiatus for the summer, but behind the scenes, help is needed! Here is how YOU can help us create quilts for Lutheran World Relief:

1. Cut squares from coordinating fabric which will become the colorful quilt tops. Bags with fabric, instructions, and a template are located on the counter in the short hallway between the Fellowship Hall and the Education wing.
2. Can you sew? We need your help in sewing the squares together to form the quilt tops. Bags with pre-cut squares and instructions are also located on the counter in the short hallway between the Fellowship Hall and the Education wing.
3. We use flat twin-size sheets as backing for the quilts. Donations are very welcome. (No white sheets, please.)

Please reach out to Alice Jenkins if you have any questions:
jenkinsalice2019@gmail.com

PRAYER SHAWL MINISTRY

The Prayer Shawl Ministry will be on break for June, July and August. We will resume our meetings on September 8th at 10:00 a.m. in the conference room.

This ministry makes prayer shawls for church members and others who are in need of prayer and comfort.

If you knit or crochet and would like to participate in this ministry, please join us or contact Jeanne Davis at jeannedavis88@att.net.

Church Information!!

2026	LIVING SAVIOUR CHURCH LEADERSHIP
Name	Council Position
Rev. Linda Hatcher	President/Lay Care
Debby Borrelli	Vice President/Finance
Pat Snodgrass	Secretary/Worship & Music
Aliah Church	Faith Formation
Linda Frixen	Stewardship
Laura Michael	Health & Wholeness
Ken Leeser	Property
Margie Peters	Fellowship
Paul Sullivan	Communications
Amanda Thom	Youth
Donna Thomas	Outreach
Kay Zimmerman	Technology
Susan Hall	Treasurer
Janet Axtman	Property
Pr. Sara Ilderton	Pastor

The next Council Meeting will be held on July 19, 2026

LIVING SAVIOUR CHURCH STAFF

The Reverend Sara Ilderton , Pastor	pastorsara@livingsaviourlc.org
Don Huff , Minister of Worship and Music	dhuff@livingsaviourlc.org
Nancy Mersereau , Organist and Music Assistant	nancyqqq@aol.com
Laura Schwab , Office Administrator	office@lslc.church
Susan Hall , Treasurer	finance@lslc.church
Carla Gearheart , Childcare Provider	carla.gearheart@yahoo.com
Elsie Davis , Preschool Director	preschool@lslc.church

Summary of 20 June 2026 Council Meeting

The Council meeting took place following the Council mini-retreat.

Follow-up on GWOH with our outreach leaders has happened. More details will follow.

Pastor Sara stated that Tom and Amelia of Morningstar Lutheran Church in Matthews will be visiting LSLC on July 12. They maintain the Gallery at Morningstar and will be here to meet after church to discuss ways we can implement children's art in the church, as well as space arrangements.

Congregation members are asked to spread the word that our church has space available for rent. Without ABA, we have generated less income.

There was also discussion on the meditation garden. The door will need to be rekeyed to prevent being locked out. The area needs weeding, grading, a weed barrier, then rocks. Plants in pots will be used to decorate. Other items might be added, such as a bench, bird bath or bird feeder.

The NC Synod reviewed LSLC Constitution updates. Some corrections are needed. It will go back to the Synod for review. Once approved, it will come before the congregation for a vote to accept.

On the LSLC website, council names and areas will be published.

The next council meeting will be July 19.

PRAYING FOR POSSIBILITIES

6/29-7/6 - Sue Hunsinger & Michele Sullivan
7/6-7/13 - Lillian Stephens & Nancy Mersereau
7/13-7/20 - Carla Gearheart & Sherry Wooldridge
7/27-7/27 - John & Patricia Maisel
7/27-8/3 - Frank DeLoache & Bruce Melosh



JULY 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 9:30 a.m. Yoga 11:00 a.m. Chair Yoga 6:15 p.m. Yoga	3	4 Independence Day
5 9:15 a.m. Choir Rehearsal 10:30 a.m. Worship Live Streamed	6 6:15 p.m. Yoga 7:00 p.m. Scout Troop 165	7 6:30 a.m. Coffee for Carmel Chase 9:30 a.m. Yoga	8	9 9:30 a.m. Yoga 11:00 a.m. Chair Yoga 6:15 p.m. Yoga	10	11 10:00 a.m. Yoga
12 9:15 a.m. Choir Rehearsal 10:30 a.m. Worship Live Streamed 2:00 p.m. Worship at The Pines	13 6:15 p.m. Yoga 12:30 p.m. Anna Pupo Facility Rental 7:00 p.m. Scout Troop 165	14 9:30 a.m. Yoga 12:30 p.m. Anna Pupo Facility Rental	15 12:30 p.m. Anna Pupo Facility Rental 6:00 p.m. Memory Care Workshop	16 9:30 a.m. Yoga 11:00 a.m. Chair Yoga 12:30 p.m. Anna Pupo Facility Rental 6:15 p.m. Yoga	17 12:30 p.m. Anna Pupo Facility Rental	18 10:00 a.m. Yoga
19 9:15 a.m. Choir Rehearsal 10:30 a.m. Worship Live Streamed 11:30 a.m. Monthly Council Meeting	20 6:15 p.m. Yoga 7:00 p.m. Scout Troop 165	21 9:30 a.m. Yoga	22 6:00 p.m. Memory Care Workshop	23 9:30 a.m. Yoga 11:00 a.m. Chair Yoga 6:15 p.m. Yoga	24	25 10:00 a.m. Yoga
26 9:15 a.m. Choir Rehearsal 10:30 a.m. Worship Live Streamed 2:00 p.m. Worship at the Pines 5:30 p.m. Lutheroad Welcome Dinner	27 9:00 a.m. Lutheroad	28 9:00 a.m. Lutheroad	29 9:00 a.m. Lutheroad 6:00 p.m. Memory Care Workshop	30 9:00 a.m. Lutheroad	31 9:00 a.m. Lutheroad	