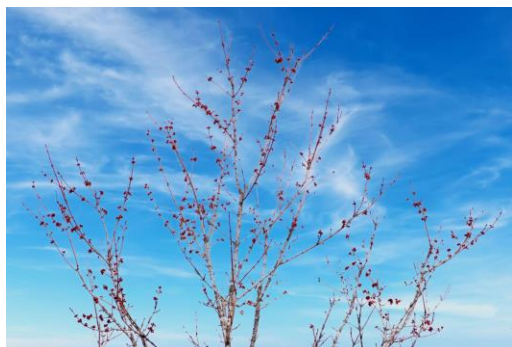


Dear Living Saviour,

Sunday, March 10, 2024 Holy Communion 10:30 A.M.

In person or on-line <https://www.youtube.com/channel/UCuMJ5vxpQpMZLB8638JxE> w
or through our website: www.livingsaviourlc.org.



(Tom Chriske)

Thanks to Tanner Axtman, our Assisting Minister for Sunday morning. Thanks to all who serve God and our community of faith.

REMINDER: There are no Altar Flowers during Lent. However, if you would like to get signed up to donate there are still plenty of open Sundays during the year.

SUNDAY ALTAR FLOWERS: call or email Ruth at the church office 704-542-3626 to sign up: M-F, 9-2. Your \$50 donation may be dropped off on Sundays, mailed, or by using the on-line giving. Please just note "Altar Flowers" on the memo line.

OR

Online: The **2024** online donation chart may be found here:

<https://www.signupgenius.com/go/10C0C4CACAC29A6F4C16-46302964-2024>

REMINDER! Daylight Savings Time begins at 2:00 a.m. on Sunday, March 10th. Don't forget to move your clocks ahead before you go to bed on Saturday!!

Gathering@theTable: Thursday evenings at 6:15 p.m. (No Gathering@thetable on Maundy Thursday, March 28th)

LENT AND HOLY WEEK WORSHIP SCHEDULE

WEDNESDAYS IN LENT: (A sign up sheet to bring soup or bread is available)

5:45 - Soup and Bread

6:30 - Worship (Evening Prayer)

MAUNDY THURSDAY SERVICE: 6:00 p.m. on Thursday, March 28th.

GOOD FRIDAY SERVICE: 6:00 p.m. on Friday, March 29th.

FESTIVAL CHOIR FOR EASTER. If you cannot participate in choir regularly, but would like to sing on Easter Sunday and / or during Holy week, the opportunity awaits you! We'd love to augment our fine choir with additional singers. Please feel free to speak to Don Huff about this opportunity.

EASTER BREAKFAST!!!!

Start planning now for what you'd like to bring for our Easter Morning Potluck breakfast!

More details to come...But, it's never too early to dream!



Event Description

Bishop Tim Smith will offer an online Bible study on the book of Micah during Lent—specifically, the five Thursdays beginning February 22 and concluding March 21—from 7 to 8 p.m. via Zoom. Don't miss this opportunity to study Micah with other Lutherans across the synod!

REGISTER HERE TO RECEIVE THE ZOOM LINK

SERVING OPPORTUNITIES FOR WORSHIP

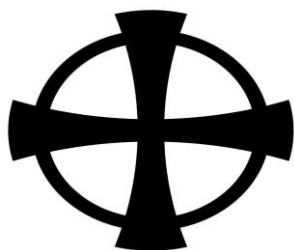
In case you haven't noticed (and I would doubt that), it takes a number of folks with specific tasks to allow our worship time to flow smoothly.

We are particularly in need in two specific areas.

1. **USHERS.....**It's not hard and someone will be glad to show you what to do. You'll be on a rotation list with others.
2. **ASSISTING MINISTERS....**read scriptures, prayers and assist with Communion.....again not a difficult task, on rotation list and someone will train you.

If you'd like to talk more about what the responsibilities entail, speak with Sherry Wooldridge, who assigns ushers and speak with Steve Vick, who assigns Assisting Ministers.

FAITH FORMATION



SUNDAY SCHOOL FOR CHILDREN, YOUTH ASSISTANTS AND ADULTS:

9:15 am Adults in the Education Wing Triple Room

9:30 am Children - ages 3 years through 5th grade (parents[s] welcome) downstairs in a preschool classroom.

Schedule for the Adult class study of **Do I Stay Christian** (Brian McLaren)

March 10 - Chapters 19-21

March 17 - Chapters 22-24

March 24 - Chapters 25-27

March 31 - Easter Sunday - no Sunday School

April 7 - Chapter 28 and Appendix III

April 14 and 21 - informal discussion

April 28 - Conclusion and wrap up

You are invited to participate either in-person or remotely via Zoom in our book study. We'll be meeting in the Adult education room.

Topic: Do I Stay Christian?

Time: Jan 7, 2024 09:00 AM Eastern Time (US and Canada)

Join Zoom Meeting

<https://us02web.zoom.us/j/88053906186?pwd=cjdTcWZrek5MZy9KdWhtR1hBcnlDQT09>

Meeting ID: 880 5390 6186

Passcode: 397043

CONFIRMATION

Every 4th Sunday (12-2)...LUNCH PROVIDED!

WEDNESDAY MORNING BIBLE STUDY

We will be doing a study that will fit in well with the Lenten season. We will begin on Wednesday - February 14th at 10 AM and end on Wednesday March 20th. This is a 6 session study.

"Finding Jesus in the Psalms - A Lenten Journey" by Barb Roose. The book is available from Amazon and from Christianbook.com. We encourage everyone to join us for an hour of study and a few laughs. Any questions or concerns please contact Janet Mayer.

- Do you know a teen (rising 9th-12th grade) who may be interested in attending the 2024 **ELCA National Youth Gathering in New Orleans** (July 16-20, 2024)? If so, we need to be in touch with them ASAP!

Learn more about the Gathering here: <https://www.elca.church/gathering>

DAILY DEVOTIONAL AIDS

DAILY DEVOTIONAL BOOKLETS, *THE WORD IN SEASON*, are available on the welcome table where worship folders are located. The April-June 2024 Word In Season devotional is now available. If you'd like one sent to you, please contact Ruth at the church office.

DAILY DEVOTIONS, *TAKING FAITH HOME (TFH)* are available on an attachment in the weekly email you receive from the church office.

LIVING SAVIOUR LUTHERAN PRESCHOOL COOKIE DOUGH SALE!

Thank you for your interest in our cookie dough fundraiser. You can add your order to the form on the table outside the sanctuary. Please make a check payable to **LSLP** and you can give it to Pastor Sara or Ruth.

The fundraiser ends March 8th so the cookie dough should be sent out shortly after that. We are sure it will be sent in a timely manner due to the need to refrigerate.

HEALTH AND WHOLENESS MINISTRY G.R.A.C.E. INFORMATION:



Active Exercise Opportunities:

Physical Exercise:

- Yoga For You:
Mondays - 6:15 p.m.
Tuesdays - 9:30 a.m.
Thursdays - 9:30 a.m. and 6:15 p.m.
Saturdays - 10:00 a.m.
- Chair Yoga - Thursdays at 11:00 a.m.
- Exercise Opportunities - Saturdays at 9:30 a.m.

March 2024 Health and Wholeness tip 2 H/W ministry team

The Health and Wholeness focus for March is Forgiveness-Healing the Spirit

Chronic anger against someone who has caused hurt or disappointment puts your body in a fight or flight mode. This state of being changes heart rate, blood pressure and immune response. Risk of heart disease, depression and diabetes increases. Forgiveness calms stress levels, leading to improved health.

And when you stand praying, if you hold anything against anyone, forgive them, so your Father in heaven may forgive you your sins. Mark 11:25

????? Quick Random Question ?????

Do you happen to have any leftover Thrivent Gift Cards with just a few dollars left on them? Donate them to the church and we'll use them to buy stamps for mailings.

Prayer requests: please update the white board in the lobby for any prayer requests. You may also let the church office know.

LOST AND FOUND!

Did you leave something at the church, maybe? We have a 'lost and found' drawer underneath the name tags counter in the Fellowship Hall, as well as some items on the round table in the church office. There are also a number of coats on the coat rack in the Fellowship Hall.

COFFEE HOUR—Please consider signing up to host Sunday morning coffee hour on one or more Sundays. The sheet is on the coffee hour table in the gallery. Alice Jenkins would be happy to give you more information.

Note to our devoted coffee makers: Thank you for your help in making the Sunday morning coffee! It is very much appreciated and enjoyed both before and after Worship. No one needs to purchase coffee for the near future. Through some generous donations, we have several cases of single packaged coffee (both regular and decaf), each of which makes one pot of coffee.

There are labeled plastic containers on the counter next to the coffee machine for keeping several packages. The cases of additional coffee are by the back door near the freezer in the pantry and are to replenish the containers on the kitchen counter. Thank you again for this service you provide us! We also have a good supply of other coffee supplies (creamers, sweeteners, etc.). These are in the cabinet above the coffee machine.

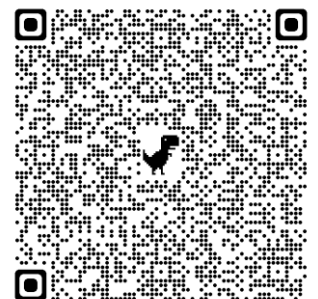
If you believe there are any supplies needed, please leave a note for Ruth on her desk with your name or contact Alice Jenkins. Thank you!

MARCH NEWSLETTER COPIES are available outside the sanctuary on the table beside the building exit door. The newsletter is mailed to members monthly, but a few hard copies are available for those who prefer them.

Your Offerings:

You may use this QR code to make an on-line payment. It will take you to the church VANCO on-line payment portal.

You may also access on-line giving through the website, click the on-line giving button to pay for flowers, make an offering to the general operating fund, or support the on-going outreach opportunities. Indicate in the line what your gift is directed towards.



You may also mail your gift to the church. Clearly state on the memo line what the check is to be used for-- General Fund, Mortgage Reduction or other purpose (such as Flowers, Special Day, etc.).

Living Saviour Lutheran Church
6817 Carmel Road
Charlotte, N.C. 28226
Website: www.livingsaviourlc.org
E-mail: lslc@livingsaviourlc.org