Reading: Isaiah 58:9b-14 The Message

9-12 "If you get rid of unfair practices, quit blaming victims, quit gossiping about other people's sins, If you are generous with the hungry and start giving yourselves to the down-and-out, Your lives will begin to glow in the darkness, your shadowed lives will be bathed in sunlight. I will always show you where to go. I'll give you a full life in the emptiest of places firm muscles, strong bones. You'll be like a well-watered garden, a gurgling spring that never runs dry. You'll use the old rubble of past lives to build anew, rebuild the foundations from out of your past. You'll be known as those who can fix anything, restore old ruins, rebuild and renovate, make the community livable again.

13-14 "If you watch your step on the Sabbath and don't use my holy day for personal advantage,
If you treat the Sabbath as a day of joy,
GoD's holy day as a celebration,
If you honor it by refusing 'business as usual,' making money, running here and there—
Then you'll be free to enjoy GoD!
Oh, I'll make you ride high and soar above it all.
I'll make you feast on the inheritance of your ancestor Jacob." Yes! GoD says so!

Gospel: Luke 13:10-17 The Message

¹⁰⁻¹³ He was teaching in one of the meeting places on the Sabbath. There was a woman present, so twisted and bent over with arthritis that she couldn't even look up. She had been afflicted with this for eighteen years. When Jesus saw her, he called her over. "Woman, you're free!" He laid hands on her and suddenly she was standing straight and tall, giving glory to God.

¹⁴The meeting-place president, furious because Jesus had healed on the Sabbath, said to the congregation, "Six days have been defined as work days. Come on one of the six if you want to be healed, but not on the seventh, the Sabbath."

¹⁵⁻¹⁶ But Jesus shot back, "You frauds! Each Sabbath every one of you regularly unties your cow or donkey from its stall, leads it out for water, and thinks nothing of it. So why isn't it all right for me to untie this daughter of Abraham and lead her from the stall where Satan has had her tied these eighteen years?"

¹⁷When he put it that way, his critics were left looking quite silly and red-faced. The congregation was delighted and cheered him on.