

Reading: Ephesians 3:14-21

¹⁴For this reason I bow my knees before the Father, ¹⁵from whom every family in heaven and on earth takes its name. ¹⁶I pray that, according to the riches of his glory, he may grant that you may be strengthened in your inner being with power through his Spirit, ¹⁷and that Christ may dwell in your hearts through faith, as you are being rooted and grounded in love. ¹⁸I pray that you may have the power to comprehend, with all the saints, what is the breadth and length and height and depth, ¹⁹and to know the love of Christ that surpasses knowledge, so that you may be filled with all the fullness of God. ²⁰Now to him who by the power at work within us is able to accomplish abundantly far more than all we can ask or imagine, ²¹to him be glory in the church and in Christ Jesus to all generations, forever and ever. Amen.

Gospel: John 6:1-21

¹Jesus went to the other side of the Sea of Galilee, also called the Sea of Tiberias. ²A large crowd kept following him, because they saw the signs that he was doing for the sick. ³Jesus went up the mountain and sat down there with his disciples. ⁴Now the Passover, the festival of the Jews, was near. ⁵When he looked up and saw a large crowd coming toward him, Jesus said to Philip, "Where are we to buy bread for these people to eat?" ⁶He said this to test him, for he himself knew what he was going to do. ⁷Philip answered him, "Six months' wages would not buy enough bread for each of them to get a little." ⁸One of his disciples, Andrew, Simon Peter's brother, said to him, ⁹"There is a boy here who has five barley loaves and two fish. But what are they among so many people?" ¹⁰Jesus said, "Make the people sit down." Now there was a great deal of grass in the place; so they sat down, about five thousand in all. ¹¹Then Jesus took the loaves, and when he had given thanks, he distributed them to those who were seated; so also the fish, as much as they wanted. ¹²When they were satisfied, he told his disciples, "Gather up the fragments left over, so that nothing may be lost." ¹³So they gathered them up, and from the fragments of the five barley loaves, left by those who had eaten, they filled twelve baskets. ¹⁴When the people saw the sign that he had done, they began to say, "This is indeed the prophet who is to come into the world."

¹⁵When Jesus realized that they were about to come and take him by force to make him king, he withdrew again to the mountain by himself.

¹⁶When evening came, his disciples went down to the sea, ¹⁷got into a boat, and started across the sea to Capernaum. It was now dark, and Jesus had not yet come to them. ¹⁸The sea became rough because a strong wind was blowing. ¹⁹When they had rowed about three or four miles, they saw Jesus walking on the sea and coming near the boat, and they were terrified. ²⁰But he said to them, "It is I; do not be afraid." ²¹Then they wanted to take him into the boat, and immediately the boat reached the land toward which they were going.