
The InnerNet

July 2022

*And God said, "Let the waters bring forth swarms of living creatures, and let **birds** fly above the earth across the dome of the sky." Genesis 1:20*

God's creation is a wonder of color, sound, and life. It's especially true of the wild birds in my yard—cardinals, downy woodpeckers, titmice, robins, towhees, brown thrashers, gold finch, Carolina wrens, hummingbirds, and bluebirds, all flit, fly, sing, and enjoy the feeders I put out for them; well at least the ones who find my feeders!

I know there are many more birds in the neighborhood (or migrating past) than actually visit my yard. I've often wondered how these particular birds found my feeders. Is there a bird telegraph system? Bird knowledge that somehow gets passed around? And why these and not others? If I put out a different variety or a more expensive blend, or a different type of feeder style would more come? Or have these birds set up a territory which they defend and will not allow others to come? I have watched the hummers defend their territory, chasing others away.

I don't have these answers, but what I do know is those who come enjoy easy access to what they need for survival each day. I experience the joy of watching the parents bring their fledglings and showing them how to eat. I gain such an appreciation for God's creation each day as I sip my coffee and watch the morning antics of these beautiful birds, eating the suet, seeds, nuts, and nectar I put out.

When I think of our congregation it seems to me that in some ways we are like my backyard birds. We have some who find the worship exactly what they want, others who visit and then migrate to somewhere else, and still others who are not interested in the "food" we offer; finding the type of feed or the style of the feeder—meaning worship music and liturgy—not to their liking. We offer one type of "seed" and for those who need something else, they will need to find somewhere else. Is this a problem or just a fact? Should we do something? Offer something else? While I do not have the answers to these questions, it might be worth a conversation or two as we wrestle with the changing landscape of religion and congregational life in 2022 and into the future.

Interested? send me a note-pastorangela@livingsaviourlc.org and let's talk.

Food, Folks, and Fun!

Oops, that was McDonald's, right?

The Fellowship Committee invites you to join us for our 5th Sunday potluck on July 31st, following the church service.

Bring a dish to share and let's enjoy each other's company!

Please call Traci Warren Anderson at 704-577-6026 with any questions.

July Birthdays

07/01 Susan Goldbach
07/02 Ron Gordon
07/03 Abigail Huber and Chuck Malinowski
07/04 Logan VanSandt
07/06 Russell Hinson
07/07 Shirley Fitts, Rachel Powell and Billy Sample
07/09 Russ Krause
07/11 Nora Cook and Pastor Angela Powell
07/15 Erin Malinowski
07/18 Chuck Moore
07/20 Riley Karim and Cathy Shabla
07/21 Nolan Krantz
07/22 Terry Godwin
07/23 Laura Michael
07/24 Julie Brennan
07/27 Zolene Kale



For Your Information

To make you aware that things are changing in this little section of Charlotte, a rezoning request was submitted for the property at 6701 Carmel Road, the office park which fronts both Carmel Commons and Carmel Road. The developer wants to preserve the office space while adding multi-family residential, medical, retail, and commercial space. This goes along with the Publix rezoning request approval which will eventually see a Publix built on a parcel on Carmel Commons as well. Carmel Chase, the condominium complex next to the church property, is seeking a rezoning to add additional units to their undeveloped property.

July Anniversaries

07/18 Terry and Joyce Godwin (46)
07/30 Pete and Dominique Greve (17)
07/31 Ron and Kathy Biggs (18)

Caring & Sharing Group: Next Meeting September 9

Although we will not meet as a group this summer, we know that caring does not take a vacation. We encourage you to stay in touch with one another by email, text, phone call or getting together for coffee. A friendly voice or message can really brighten someone's day. For more information, please contact Betty Reynolds at 704-287-5724 or CoachBettyR@gmail.com.

Praying for Possibilities!

06/26-07-03 Maria Rozhin and Glenda Kilminster
07/03-07-10 Cathy Lyall and Laura Michael
07/10-07/17 Dawn Gibson and Pastor Angela
07/17-07/25 Jan Sundberg, Corky Carver and Shallen Gordon
07/28-07/31 Mary Ann Eller and Janet Axtman



Your Offerings:

Contribute directly to the church through the on-line button on the website, using the QR code or by mail to



Living Saviour
6817 Carmel Road
Charlotte NC 28226

Thank you for your generosity.

Vanguard Account

The church has set up an account at Vanguard. If you wish to contribute mutual funds, ETFs or stocks that have an appreciated value, you can contribute these to Living Saviour's Vanguard account. By doing so, you can avoid capital gains taxes. If you have any questions, please contact Barbara Avard.



A RECITAL OF SACRED SONGS

Rev. Jeffrey Ingold, Baritone

Jane Huber, Piano

Wednesday, July 13 at 6:30 pm

St. Luke's Lutheran Church

3200 Park Road

Charlotte, NC

The program will consist of the following songs:

- *Five Mystical Songs* by R. Vaughn Williams
- *Balm in Gilead; Deep River; Wade in the Water; Go Down, Moses; My Lord, What a Mornin'* - all arranged by Harry T. Burleigh
- *Ah, Holy Jesus* arranged by Richard Walters

Supporting the "Be The Light" capital campaign of Lutheran Services Carolinas



OUR CHRISTIAN SYMPATHY is expressed to Don Huff at the death of his partner, Stephen Perdue on July 1, 2022. May God fill the emptiness left in his heart by his passing, and may he remember that the Resurrection of Jesus Christ means the certain hope to eternal life for all those who die with faith in God.

Your thoughts,

your words,

your kind expression of sympathy...

... are greatly appreciated.

*Thank you so much for your thoughts
Prayers and kind words following
mom's death*

*Carol, Ken,
Katherine, Kenneth, Caroline
Kim & Jim Brown
Charles Hawks*

Gathering@theTable

Is on a summer break. Look for the next time to nourish your body and soul in August. Ask God who you might invite, then as you pray consider what God is asking you to do. If you sense God leading you to invite and come, please do! All are welcome, regardless of faith background or lack of one. Doubters, questioners, faith-filled. All invited.

Prayer Shawl Ministry



The Prayer Shawl Ministry will meet on Tuesday, July 12th, at 10:00 a.m. in the Fellowship Hall. We will continue having our meetings on the second Tuesday of the month at 10:00 a.m. This ministry makes prayer shawls for church members and others who are in need of prayer and comfort. If you knit or crochet and would like to participate in this ministry, please join us or contact Jeanne Davis at jeannedavis88@att.net with questions.



Project OUTPOUR provides mobile showers and hygiene services to our neighbors in need.

The mobile unit provides showers and serves five different locations around Charlotte. They have provided 1,338 people with hygiene supplies during the past year and provided 324 showers. This organization is supported 100% through donations. The Endowment Committee has supported Project OUTPOUR with some funding during the past two years, however, Summer creates additional challenges for our neighbors moving through homelessness such as staying cool and needing various supplies for hygiene.

Living Saviour and the Pre-school will hold a Christmas in July donation drive for Project OUTPOUR during the month of July. We have been asked to collect toothbrushes, travel size toothpaste and razors.

Please prayerfully consider if you can help with this effort. A collection box with signage will be in the Fellowship Hall during July. Feel free to contact Barbara with questions (bj1949@bellsouth.net or 704-650-9093).



Ministry of Health and Wholeness July Health and Wholeness focus: Exercise and Movement

"Therefore, I urge you, brothers and sisters, in view of God's mercy, offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship". Romans 12:1

"...but those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary; they will walk and not be faint." Isaiah 40:31

- **Sunday, July 3,** Health and Wholeness will collect donations made in gratitude for clean water as part of the 28-day Water Challenge. These donations along with a donor's matching contribution will be sent to a share of a safe water project through the ELCA Good Gifts Program. Donations may be returned in the envelope provided and placed in the offering plate or with an offering designated ELCA Good Gifts Program Safe Water Project.
- **Exercise is one of the most essential activities** in avoiding modern chronic diseases and maintaining our wellbeing so that we can offer our bodies as a living sacrifice holy and pleasing to God. Health and Wholeness is providing the following exercise opportunities:
- **NEW Class:** Lyn Addy, with multiple fitness training certifications, a member at Living Saviour, and Director of Fitness Programming at the Jewish Community Center, has graciously offered to provide a variety of Fitness Opportunities on Saturday Morning 10:00 AM at Living Saviour. Follow on Facebook and Instagram below for details. This is a great workout with the affirmations, challenges, and benefits of a personal fitness trainer. A valuable opportunity. We offer each other an abundance of encouragement.
- **NEW Class:** Seated Fitness Wednesdays at 11:30 immediately following Bible Study led by Tara Meek, Group Certified by AFAA Aerobic and Fitness Association of America and CPR Certified. This group will focus on traditional gentle low impact chair movements. This would be a great exercise group for those new to exercise.
- **Remember:** Ongoing Yoga class Thursday Mornings at 11:00. This has attracted 8 regulars from the community and has become a delightful, affirming, and fun workout. We laugh together often. Yoga is an ancient practice that builds strength in body, mind, and spirit.
- **Second Sunday Sacred Practice July 10 Immediately following worship in the Prayer Room.** This is a 30-minute group contemplative spiritual practice. Contemplative practice is one of the 5 essential core lifestyle choices which support multiple aspects of wellbeing including mental, physical and spiritual wellbeing. All are welcome to explore.
- Take a moment to visit two new social media sites for activities at Living Saviour. Although they are currently under construction it would be helpful for you to like or follow:
Facebook: <https://www.facebook.com/Living-Well-Community-Center-106538762064426>
Instagram: [@livingwell_communitycenter](https://www.instagram.com/livingwell_communitycenter)
- For the period 6/3-6/26/2022 COVID cases in Mecklenburg County are once again on the **decline** with a 16% decrease in Emergency Department visits from the previous 2 weeks. Deaths and hospitalizations are also down from the previous 2-week period. However, community spread is still considered **Medium** with masking recommendations based on personal preference informed by personal level of risk. Individuals with vulnerabilities might consider masking for indoor gatherings and public travel.

JULY 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3 9:00 a.m. Chancel Choir Rehearsal 9:30 a.m. Coffee Fellowship 10:30 a.m. Traditional Worship Live Streamed	4 Independence Day Church Office Closed	5 2:00 p.m. Lectionary Study Group (Zoom)	6 6:30 p.m. Alleluia Ringers bell choir practice	7 11:00 Chair Yoga 6:15 p.m. Gathering@theTable	1/ 8	2/8 10:00 a.m. Exercise Opportunities
10 9:00 a.m. Chancel Choir Rehearsal 9:30 a.m. Coffee Fellowship 10:30 a.m. Traditional Worship Live Streamed	11	12 10:00 Prayer Shawl Ministry 2:00 p.m. Lectionary Study Group (Zoom)	13 10:00 a.m. Bible Study 6:30 p.m. Alleluia Ringers bell choir practice	14 11:00 Chair Yoga 6:15 p.m. Gathering@theTable	15	16 10:00 a.m. Exercise Opportunities
17 9:00 a.m. Chancel Choir Rehearsal 9:30 a.m. Coffee Fellowship 10:30 a.m. Traditional Worship Live Streamed	18	19 10:00 a.m. Quilting Group 2:00 p.m. Lectionary Study Group (Zoom)	20 10:00 a.m. Bible Study 6:30 p.m. Alleluia Ringers bell choir practice	21 11:00 Chair Yoga 6:15 p.m. Gathering@theTable	22	23 10:00 a.m. Exercise Opportunities
24 9:00 a.m. Chancel Choir Rehearsal 9:30 a.m. Coffee Fellowship 10:30 a.m. Traditional Worship Live Streamed 11:45 a.m. Council Meeting	25	26 City of Charlotte General Election 2:00 p.m. Lectionary Study Group (Zoom)	27 10:00 a.m. Bible Study 6:30 p.m. Alleluia Ringers bell choir practice	28 11:00 Chair Yoga 6:15 p.m. Gathering@theTable	29	30 10:00 a.m. Exercise Opportunities
31 9:00 a.m. Chancel Choir Rehearsal 9:30 a.m. Coffee Fellowship 10:30 a.m. Traditional Worship Live Streamed						

You are encouraged to donate blood to One Blood Community Blood Center or to the American Red



CRISIS ASSISTANCE MINISTRY

Living Saviour supports these agencies who help our neighbors. We ask you to help when you can.