
The InnerNet

June 2022

We will begin to publish only one InnerNet issue on a monthly basis. Our target for each month's publication will be around the first week.

"A voice is heard in Ramah, mourning and great weeping, Rachel weeping for her children and refusing to be comforted, because they are no more." Jeremiah 31:15

Our hearts are broken by the senseless loss of life in Buffalo NY, Uvalde TX, Ukraine, so many other places in between, as well as by our own personal tragedies. We cry. We lament. We recognize we have almost have stopped feeling because it is too much to feel, to process, to imagine. These shootings leave us feeling vulnerable, afraid, anxious for our own safety, for that of the children we know, and for our world. Tears fall, and they are love unable to be contained in a broken heart; tears are also liquid prayers, I have heard. Tears clot my throat and wet my cheeks. The following words of a hymn seem to express well what I am experiencing right now.

*Sometimes our only song is weeping; our only sound is gasping breath.
Sometimes it seems that God is sleeping while our brief lives are bound in death.
Who hears the song our sorrows swallow and offers hope to calm our fears?
When all our words seem frail and hollow, God heeds the prayers within our tears.*

After tears comes my anger. Some demand women carry a child to term, calling it protecting the rights of the unborn; then it seems as if our state and national legislature fail the living, breathing beautiful children already in our midst. I do not advocate taking away the right to own and bear arms, what I advocate is the right to protect innocent lives from automatic guns designed for war.

As Christ followers we are called to stand with and for the marginalized, including the children, the most vulnerable among us. We can do this through advocating for safe pregnancy and delivery, food for those who struggle in this economy to care for their children, safe and affordable housing, public transportation to help workers work and provide for their families, as well as for equitable educational systems which are fair and just for all.

What else can we Christians do? Bishop David Reed of the Episcopal Diocese of West Texas puts it so eloquently. "We have received power to love and to resist hatred. And we can pray. We must pray. Ignore the cynics, and pray with all your heart. Let your cries reach to the heavens. Let your anger and despair be your prayer. And listen to God answering in return. Look for God's tears revealed and listen for his perfect and righteous anger. Give yourself over to opportunities to join in the Spirit's work of binding up and healing. Love with all you've got, and never, ever surrender to the darkness...."

Bishop Reed says further, "Because I believe in Jesus, I am convinced that sin and death are defeated and darkness will never prevail over the light of resurrection. Because I believe in eternal life, I trust that the senseless murder of these innocent children is not the final thing to be said about them. If the Gospel is true, it is true in all times and in all places, including in Uvalde. If God is with us, then he is with us even in those times and places where it seems that death and darkness have prevailed."

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**Caring & Sharing Group: Celebration June 10 at 11:30am
Friendship Celebration -Trio's Restaurant. RSVP BY JUNE 8:**

Betty Reynolds (704-287-5724) or CoachBettyR@gmail.com

If you are seeking a safe place to share worries and find strategies for coping with the challenges of caregiving, loss or aging, this small group may be for you. Through our informal conversations, we bring solace and friendship as we support, pray and laugh with one another through our struggles, joys and isolation. All are welcome - church members, friends and neighbors.

PRESCHOOL NEWS!

The Living Saviour Lutheran Preschool is now accepting Enrollment Applications for the Fall. The \$150 Enrollment Fee is waived for all LSLC members. You can find our Enrollment Application on our website www.lslp.webs.com or you can scan the QR code below.



Praying for Possibilities!

05/29-06/05 Janet Wagstaff and Jean Dunne

06/05-06/12 Frank DeLoache and Marty Jenkins

06/12-06/19 Cathy Lyall and Laura Michael

06/19-06/26 Ray and Ken Kilminster

06/26-07-03 Maria Rozhin and Glenda Kilminster

June Anniversaries

06/09 Matthew and Jennifer Noonkester (21)
06/10 Time and Sue Goldbach (39); Ray and Glenda Kilminster (27); Bill and Sandy Larsen (50); Ronny and Lynn Stephens (56)
06/14 Jay and Geraldine Harbinson (63)
06/15 Andrew and Amanda Thom (14); Doug and Jennifer Thompson (10)
06/20 Greg and P.J. Krause (30)
06/21 Chuck and Rene Moore (12)
06/27 Bob and Sheri Fleishacker (30); Bruce and Sara Melosh (35)
06/29 George and Cathy Shabla (48)

June Birthdays

06/01 Dan Haseley
06/02 Addison Noonkester; Andrew Thom
06/07 Gary Borley; Charles Gribble
06/09 Dawn Schaeffer
06/10 Liam Brown
06/13 Zacharay Greve
06/17 Bob Loges
06/18 Linda Frixen
06/19 Tanner Axtman; Jonas Campbell
06/20 Sandy Larsen
06/21 David Frixen; Sherry Wooldridge
06/22 Moss Hathcock
06/27 Bruce Melosh
06/28 Pat Sipe
06/30 Ande Malinowski; Doug Thompson

Your Offerings:

Contribute directly to the church through the on-line button on the website, using the QR code or by mail to

Living Saviour
6817 Carmel Road
Charlotte NC 28226



Thank you for your generosity.

Financial Results for FEBRUARY 2022 Month End

Feb-22	
General Fund 01	Actual
Contributions, Budget	33,761
Expenses and Transfers	35,384
Net Contributions less Expenses/Tranfers	(1,623)
Facilities Fund 02-3241-442	
Beginning Balance	29,972
Transfers from General Fund	1,352
Transfer From Mtg Reserves	38,280
Contributions	100
Expenditures - Adams Heating	(27,909)
Ending Balance	41,796

Vanguard Account

The church has set up an account at Vanguard. If you wish to contribute mutual funds, ETFs or stocks that have an appreciated value, you can contribute these to Living Saviour’s Vanguard account. By doing so, you can avoid capital gains taxes. If you have any questions, please contact Barbara Avard.

Continued from front page.

These are dark days in America. May our congregation and its people be like a city on a hill, shining with the love of Christ, welcoming the weary, guiding the lost, holding the weeping, most especially those in our midst who have personal tragedy to deal with as well as our communities where tragedy haunts us daily. May we pray, even as we weep. We hope in God, who is with us, even as we cry, “my God, my God, why have you forsaken me?” We hope in Christ, who gave us a mission to witness to the amazing love that is ours forever and ever. We hope in the Holy Spirit, given to us as Jesus promised, who will give us strength, wisdom, and ability to witness, welcome, love, and listen, as well as act to bring God’s love to bear on this world.

In Christ,
Pastor Angela

You are encouraged to donate blood to One Blood Community Blood Center or to the American Red Cross.



Living Saviour supports these agencies who help our neighbors. We ask you to help when you can.

Gathering@theTable will not meet on June 2nd!

Thursday nights at 6:15 p.m. Come and join us as we have a light dinner, share conversation, break bread and share Holy Communion around the table. All are welcome, gathering about 6:15, dinner at 6:30, depart about 7:30. Free meal, lend a hand cleaning up if you can.

Prayer Shawl Ministry

The Prayer Shawl Ministry will meet on Tuesday, June 14, at 10:00 a.m. in the Fellowship Hall. We will continue having our meetings on the second

Tuesday of the month at 10:00 a.m.



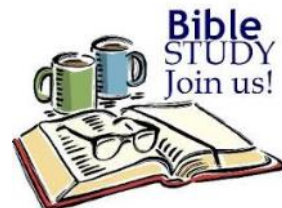
This ministry makes prayer shawls for church members and others who are in need of prayer and comfort.

⇒ If you knit or crochet and would like to participate in this ministry, please join us or contact Jeanne Davis at jeannedavis88@att.net with questions.

WEDNESDAY MORNING BIBLE STUDY SCHEDULE FOR THE SUMMER.

We will meet at 10:00 a.m. on June 29, July 27, and August 24 in the Fellowship Hall (the 4th Wednesday of the month).

Janet will show a video, entitled: "the Rock, the Road and the Rabbi" by Kathie Lee Gifford. No need to buy a book. Janet will also send out a couple thought questions for each of those weeks. Come when you can to learn & laugh. Everyone is welcome. If you have any questions, please contact Janet Mayer at 704-562-8695 or janetmayer@bellsouth.net



Final days for Lutheroad Camp Registration

All Kids Kindergarten age through middle school are welcome to register for Lutheroad day camp June 20-24.

Ministry of Health and Wholeness June Health and Wholeness focus: Living Water



“Whoever drinks the water I give them will never thirst. Indeed, the water I give them will become in them a spring of water welling up to eternal life.” John 4:14

- ◆ During June Health and Wholeness will promote a 30 Day Water Challenge to encourage adequate hydration. We will focus on the importance of adequate hydration and in gratitude for access to clean water, a donor will contribute half of the share of a safe water project through the ELCA Good Gifts Program challenging the other half to be raised during the challenge. Stay tuned for the details.
 - ◆ **New Class:** Lyn Addy, with multiple fitness training certifications, a member at Living Saviour, and Director of Fitness Programming at the Jewish Community Center, has graciously offered to provide a variety of Fitness Opportunities on Saturday Morning 10:00 AM at Living Saviour. Promises to be a fun healthy workout. Follow on Facebook and Instagram below for details.
 - ◆ Take a moment to visit two new social media sites for activities at Living Saviour. Although they are currently under construction it would be helpful for you to like or follow:
Facebook: <https://www.facebook.com/Living-Well-Community-Center-106538762064426>
Instagram: [@livingwell_communitycenter](https://www.instagram.com/livingwell_communitycenter)
 - ◆ Wrapping up May’s Mental Health focus, if you have not done so, consider taking the confidential private Mental Health Self-Assessment: <https://screening.mhanational.org/screening-tools/> Contact Health and Wholeness with any questions.
 - ◆ Also consider listening to this Mental Health Podcast packed with valuable information about maintaining Mental Health: Kimberly Wilson, Whole Body Mental Health 05/19/2022 at <https://onbeing.org/>
 - ◆ COVID numbers are on the rise again -For the week of 4/29/22- 5/12/22 COVID cases were up 74% from the previous 2 week period with Emergency Department visits for COVID symptoms down 10% from the previous 2-week period. 7% of COVID like illness visits resulted in hospital admissions. Community spread is still considered low with masking based on personal preference informed by personal level of risk. Individuals with vulnerabilities might consider masking for indoor gatherings and public travel.
 - ◆ **Gentle Exercises Class Thursday Mornings 11:00 in the Fellowship Hall.** The first session is free. If you are not already in a regular exercise program, consider joining us for this important life affirming activity. Exercise is one of the 5 essential lifestyle choices to support wellbeing. Men and Women of all ages are welcome! Dress comfortably. Together this could be fun!
 - ◆ **Second Sunday Sacred Practice June 12 Immediately following worship in the Prayer Room.** This will be a 30-minute group contemplative spiritual practice and is an opportunity to follow up on the Lenten series. Contemplative Practice is one of the 5 essential core lifestyle choices to support wellbeing. All are welcome.
- Mecklenburg County is conducting a Community Health Needs Assessment** and needs input of residents of Mecklenburg County. Please assist by going to https://mecklenburgcounty.co1.qualtrics.com/jfe/form/SV_1ZqpB2rp7MSLrU2 to complete the survey.

JUNE 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10:00 a.m. Bible Study 6:30 p.m. Alleluia Ringers bell choir practice	2 11:00 Chair Yoga 6:15 p.m. Gathering@theTable	3 7:00 p.m. Alina Rothenberg Recitals	4
5 Pentecost Sunday 9:00 a.m. Chancel Choir Rehearsal 9:30 a.m. Coffee Fellowship 10:30 a.m. Traditional Worship Live Streamed 11:30 Contemplative Practice Session 2:00 p.m. Pat Moehring Recitals	6	7 2:00 p.m. Lectionary Study Group (Zoom)	8 10:00 a.m. Bible Study 6:30 p.m. Alleluia Ringers bell choir practice	9 11:00 Chair Yoga 6:15 p.m. Gathering@theTable	10 10:00 a.m. Caring and Sharing	11 11:00 a.m. Jim Christ Memorial Service
12 9:00 a.m. Chancel Choir Rehearsal 9:30 a.m. Coffee Fellowship 10:30 a.m. Traditional Worship Live Streamed	13	14 10:00 Prayer Shawl Ministry 2:00 p.m. Lectionary Study Group (Zoom)	15 10:00 a.m. Bible Study 6:30 p.m. Alleluia Ringers bell choir practice	16 11:00 Chair Yoga 6:15 p.m. Gathering@theTable	17	18
19 9:00 a.m. Chancel Choir Rehearsal 9:30 a.m. Coffee Fellowship 10:30 a.m. Traditional Worship Live Streamed	20	21 10:00 a.m. Quilting Group 2:00 p.m. Lectionary Study Group (Zoom)	22 10:00 a.m. Bible Study 6:30 p.m. Alleluia Ringers bell choir practice	23 11:00 Chair Yoga 6:15 p.m. Gathering@theTable	24	25
26 9:00 a.m. Chancel Choir Rehearsal 9:30 a.m. Coffee Fellowship 10:30 a.m. Traditional Worship Live Streamed 5th Sunday Potluck 11:45 a.m. Council Meeting	27	28 2:00 p.m. Lectionary Study Group (Zoom)	29	30 11:00 Chair Yoga 6:15 p.m. Gathering@theTable		