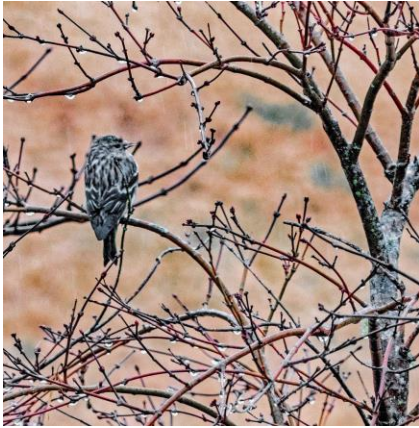


Dear Living Saviour,

Sunday, January 14, 2024 Holy Communion 10:30 A.M.

In person or on-line <https://www.youtube.com/channel/UCuMJ5vxpQpMZLB8638JxE> w
or through our website: www.livingsaviourlc.org.



(Tom Chriske)

Thanks to all who serve God and our community of faith.

The Altar Flowers for this Sunday are given by Margaret Krause, to the Glory of God, in loving memory of her husband, Russ Krause and in honor of our children, grandchildren and great-grandchildren.

REMINDER: The church office will be closed on Monday, January 15th in observance of Martin Luther King, Jr. Day.

First Required Notice of Annual Congregation Meeting Date:



Our Annual Congregation Meeting to elect members of the Congregation Council, approve the annual budget for February 1, 2024 - January 31, 2025 and other business as may be necessary will take place following worship on January 28, 2024. Please plan on attending this important meeting.

**The Peace of Christ be with you all,
Steve Vick - Congregation President**

Prayer requests: please update the white board in the lobby for any prayer requests. You may also let the church office know.

Gathering@theTable: Has resumed Thursday evenings at 6:15 p.m.

Altar Flowers

You may call or email Ruth at the church office 704-542-3626 to sign up: M-F, 9-2. Your \$50 donation may be dropped off on Sundays, mailed, or by using the on-line giving. Please just note "Altar Flowers" on the memo line.
OR

Online: The **2024** online donation chart is now available and may be found here:
<https://www.signupgenius.com/go/10C0C4CACAC29A6F4C16-46302964-2024>

*****NEW MEMBERS*****

We will receive new members into Living Saviour on Sunday, *January 28*.
If you are interested in learning more – or know someone who may be –
please reach out to Pr. Sara (pastorsara@livingsaviourlc.org)

HANDBELL CONCERT.

The Westminster College Concert Bell Choir will be appearing in concert at Quail Hollow Presbyterian Church, 8801 Park Rd. on Thursday, January 18 at 7:00 p.m.
The concert is free and a free-will offering will be received.

FAITH FORMATION

COMING SOON!!!!

- Confirmation Interest & Information Meeting for parents and kids
- National Youth Gathering Interest & Information Meeting for rising 9th-12th graders and parents

SUNDAY SCHOOL FOR CHILDREN, YOUTH ASSISTANTS AND ADULTS:

Sunday School will resume regular classes on Jan. 7th

Children's Sunday School: Sunday mornings at 9:30 a.m.

Adult Sunday School Class (9:15 am):

Beginning **Sunday, January 7th**, Rev. Charlie Zimmerman will facilitate a discussion of Brian McLaren's book **Do I Stay Christian?** All adults are invited and encouraged to

join this difficult topic!! You are invited to participate either in-person or remotely via Zoom in our book study. We'll be meeting in the Adult education room.

Topic: Do I Stay Christian?

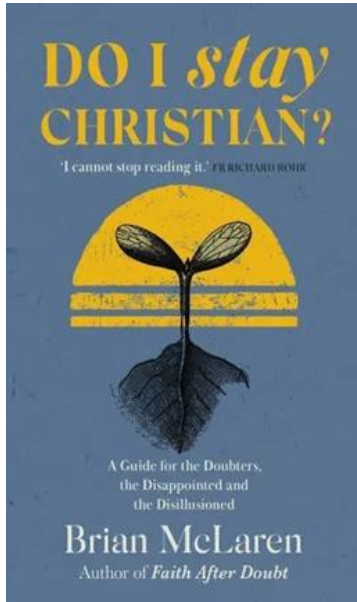
Time: Jan 7, 2024 09:00 AM Eastern Time (US and Canada)

Join Zoom Meeting

<https://us02web.zoom.us/j/88053906186?pwd=cjdTcWZrek5MZy9KdWhtR1hBcnlDQT09>

Meeting ID: 880 5390 6186

Passcode: 397043



(Please contact Debby Borrelli or the church office if you need assistance to obtain the book)

Do I Stay Christian? addresses in public the powerful question that surprising numbers of people—including pastors, priests, and other religious leaders—are asking in private. Picking up where *Faith After Doubt* leaves off, *Do I Stay Christian?* is not McLaren's attempt to persuade Christians to dig in their heels or run for the exit. Instead, he combines his own experience with that of thousands of people who have confided in him over the years to help readers make a responsible, honest, ethical decision about their religious identity. There is a way to say both yes and no to the question of staying Christian, McLaren says, by shifting the focus from *whether we stay Christian* to *how we stay human*. If *Do I Stay Christian?* is the question you're asking—or if it's a question that someone you love is asking—this is the book you've been waiting for.

<https://us.macmillan.com/books/9781250853035/doistaychristian>

WEDNESDAY MORNING BIBLE STUDY

We will be doing a study that will fit in well with the Lenten season. We will begin on Wednesday - February 14th at 10 AM and end on Wednesday March 20th. This is a 6 session study.

"Finding Jesus in the Psalms - A Lenten Journey" by Barb Roose. The book is available from Amazon and from Christianbook.com. We encourage everyone to join us for an hour of study and a few laughs. Any questions or concerns please contact Janet Mayer.

DAILY DEVOTIONAL AIDS

DAILY DEVOTIONAL BOOKLETS, THE WORD IN SEASON, are available on the welcome table where worship folders are located. The January-March 2024 Word In

Season devotional is now available. If you'd like one sent to you, please contact Ruth at the church office.

DAILY DEVOTIONS, TAKING FAITH HOME (TFH) are available on an attachment in the weekly email you receive from the church office.

HEALTH AND WHOLENESS MINISTRY G.R.A.C.E. INFORMATION:

Active Exercise Opportunities:

Did you know that there are FREE exercise classes offered at our church every Saturday morning 9:30-10:30 a.m.? Lyn Addy offers a fun opportunity to move your body and make new friends.

Wondering if yoga is right for you? Lori Walker is offering three FREE introductory yoga classes for beginners. Dates are Tuesday 1/16 at 11:00 a.m.-12:00 p.m., Saturdays 1/20 and 1/27 11:30 a.m.-12:30 p.m. in the fellowship hall. She also has regularly scheduled classes each week.

Not sure how active your body wants to be? Chair yoga is what you need each Thursday 11:00 a.m.-12:00 p.m. provided by Debbie Mangeney in the fellowship hall. Every body type benefits from the gentle stretching and deep breathing enjoyed in this class.

Many of our members are loving these classes and the benefits to body and spirit they provide. Ask around and try a class. You will be surprised how much better you feel!

Physical Exercise:

- Yoga For You: **(On break until January 13th)**
 - Mondays - 6:15 p.m.
 - Tuesdays - 9:30 a.m.
 - Thursdays - 9:30 a.m. and 6:15 p.m.
 - Saturdays - 10:00 a.m.
- Chair Yoga - Thursdays at 11:00 a.m.
- Exercise Opportunities - Saturdays at 9:30 a.m.

January 2024 Health and Wholeness tip 2 H/W ministry team

The Health and Wholeness focus for January is Moving Forward with Purpose.

Exercise combats disease. Being active boosts your HDL(good cholesterol) and decreases unhealthy triglycerides. This keeps blood flowing smoothly to reduce blood pressure, strokes, and heart disease. Exercise also improves Type 2 diabetes, depression, anxiety, weight and balance.

Hebrew 12:12-13 Therefore lift your drooping hands and strengthen your weak knees , and make straight paths for your feet, so that what is lame may not be put out of joint but rather be healed.

COFFEE HOUR—Please consider signing up to host Sunday morning coffee hour on one or more Sundays. The sheet is on the coffee hour table in the gallery. Alice Jenkins would be happy to give you more information.

Note to our devoted coffee makers: Thank you for your help in making the Sunday morning coffee! It is very much appreciated and enjoyed both before and after Worship. No one needs to purchase coffee for the near future. Through some generous donations, we have several cases of single packaged coffee (both regular and decaf), each of which makes one pot of coffee.

There are labeled plastic containers on the counter next to the coffee machine for keeping several packages. The cases of additional coffee are in the coat rack area of the Fellowship Hall and are to replenish the containers on the kitchen counter. Thank you again for this service you provide us! We also have a good supply of other coffee supplies (creamers, sweeteners, etc.). These are in the cabinet above the coffee machine.

If you believe there are any supplies needed, please leave a note for Ruth on her desk with your name or contact Alice Jenkins. Thank you!

THE QUILT MINISTRY The next meeting will be on Tuesday, January 9, 2024 at 10:00 a.m. in the Conference Room.

JANUARY NEWSLETTER COPIES are available outside the sanctuary on the table beside the building exit door. The newsletter is mailed to members monthly, but a few hard copies are available for those who prefer them.

 **YOU MADE A DIFFERENCE!** 

Because of your generous gift of offerings during the Choir Concert and the Noisy Offering, LSLC was able to purchase TWO Family Farms from the ELCA Good Gifts!

Thank you!

2024 COMMITMENT/PLEDGE CARDS

Dear Living Saviour Family,

If you have not yet had the opportunity to turn in your 2024 Commitment/Pledge card with your intention to give your offering during 2024, beginning January 1, in support of Living Saviour's on-going ministries, please do so as soon as possible. You may put your pledge card in the offering plate during worship, bring it by the church or mail it to the attention of the Financial Secretary. The Council is working to complete the budget for the next fiscal year and this information is very important. Offerings may always be placed in the offering plate during worship. Thank you for your generosity.

GIVING ENVELOPES

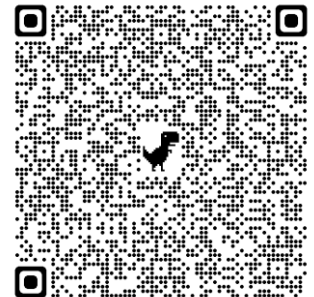
Giving Envelopes for 2024 are ready for pick-up on the desk in the Office. (There are no envelopes for those using electronic giving) We thank you so much for your continuing support of Living Saviour and its ministry.

Your Offerings:

You may use this QR code to make an on-line payment. It will take you to the church VANCO on-line payment portal.

You may also access on-line giving through the website, click the on-line giving button to pay for flowers, make an offering to the general operating fund, or support the on-going outreach opportunities. Indicate in the line what your gift is directed towards.

You may also mail your gift to the church. Clearly state on the memo line what the check is to be used for-- General Fund, Mortgage Reduction or other purpose (such as Flowers, Special Day, etc.).



Living Saviour Lutheran Church
6817 Carmel Road
Charlotte, N.C. 28226
Website: www.livingsaviourlc.org
E-mail: lslc@livingsaviourlc.org