

Psalm

Psalm 146

¹Praise the LORD!

Praise the LORD, O my soul!

²**I will praise the LORD as long as I live;
I will sing praises to my God all my life long.**

³Do not put your trust in princes,
in mortals, in whom there is no help.

⁴**When their breath departs, they return to the earth;
on that very day their plans perish.**

⁵Happy are those whose help is the God of Jacob,
whose hope is in the LORD their God,

⁶**who made heaven and earth,
the sea, and all that is in them;
who keeps faith forever;**

⁷who executes justice for the oppressed;
who gives food to the hungry.

The LORD sets the prisoners free;

⁸**the LORD opens the eyes of the blind.**

**The LORD lifts up those who are bowed down;
the LORD loves the righteous.**

⁹The LORD watches over the strangers;
he upholds the orphan and the widow,
but the way of the wicked he brings to ruin.

¹⁰**The LORD will reign forever,
your God, O Zion, for all generations.
Praise the LORD!**

Gospel

Matthew 10: 40-42

⁴⁰Whoever welcomes you welcomes me, and whoever welcomes me welcomes the one who sent me. ⁴¹Whoever welcomes a prophet in the name of a prophet will receive a prophet's reward; and whoever welcomes a righteous person in the name of a righteous person will receive the reward of the righteous; ⁴²and whoever gives even a cup of cold water to one of these little ones in the name of a disciple — truly I tell you, none of these will lose their reward."