

READING: Job 19:1–7, 13–18, 21–27

A reading from Job.

Then Job answered:

²How long will you torment me,
and break me in pieces with words?

³These ten times you have cast reproach upon me;
are you not ashamed to wrong me?

⁴And even if it is true that I have erred,
my error remains with me.

⁵If indeed you magnify yourselves against me,
and make my humiliation an argument against me,

⁶know then that God has put me in the wrong,
and closed his net around me.

⁷Even when I cry out, "Violence!" I am not answered;
I call aloud, but there is no justice.

¹³"He has put my family far from me,
and my acquaintances are wholly estranged from me.

¹⁴My relatives and my close friends have failed me;

¹⁵the guests in my house have forgotten me;
my serving girls count me as a stranger;
I have become an alien in their eyes.

¹⁶I call to my servant, but he gives me no answer;
I must myself plead with him.

¹⁷My breath is repulsive to my wife;
I am loathsome to my own family.

¹⁸Even young children despise me;
when I rise, they talk against me.

²¹Have pity on me, have pity on me, O you my friends,
for the hand of God has touched me!

²²Why do you, like God, pursue me,
never satisfied with my flesh?

²³"O that my words were written down!
O that they were inscribed in a book!

²⁴O that with an iron pen and with lead
they were engraved on a rock forever!

²⁵For I know that my Redeemer lives,
and that at the last he will stand upon the earth;

²⁶and after my skin has been thus destroyed,
then in my flesh I shall see God,

²⁷whom I shall see on my side,
and my eyes shall behold, and not another.
My heart faints within me!

GOSPEL: John 6:24–35

²⁴So when the crowd saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus.

²⁵When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" ²⁶Jesus answered them, "Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. ²⁷Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal." ²⁸Then they said to him, "What must we do to perform the works of God?" ²⁹Jesus answered them, "This is the work of God, that you believe in him whom he has sent." ³⁰So they said to him, "What sign are you going to give us then, so that we may see it and believe you? What work are you performing?" ³¹Our ancestors ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat.'" ³²Then Jesus said to them, "Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. ³³For the bread of God is that which comes down from heaven and gives life to the world." ³⁴They said to him, "Sir, give us this bread always."

³⁵Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."